

Hertfordshire Cycling
www.hertscycling.com
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Commuting and Recreation
 Cycling Map for Hertfordshire
 (Revised July 2017)

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This map is designed to help you get more from your recreational cycling.

If you are just starting out then the **BLUE** routes are a great traffic-free choice. With the **GREEN** routes increasing your cycling and giving you the chance to explore the county with larger sections of cycle paths and more quiet roads.

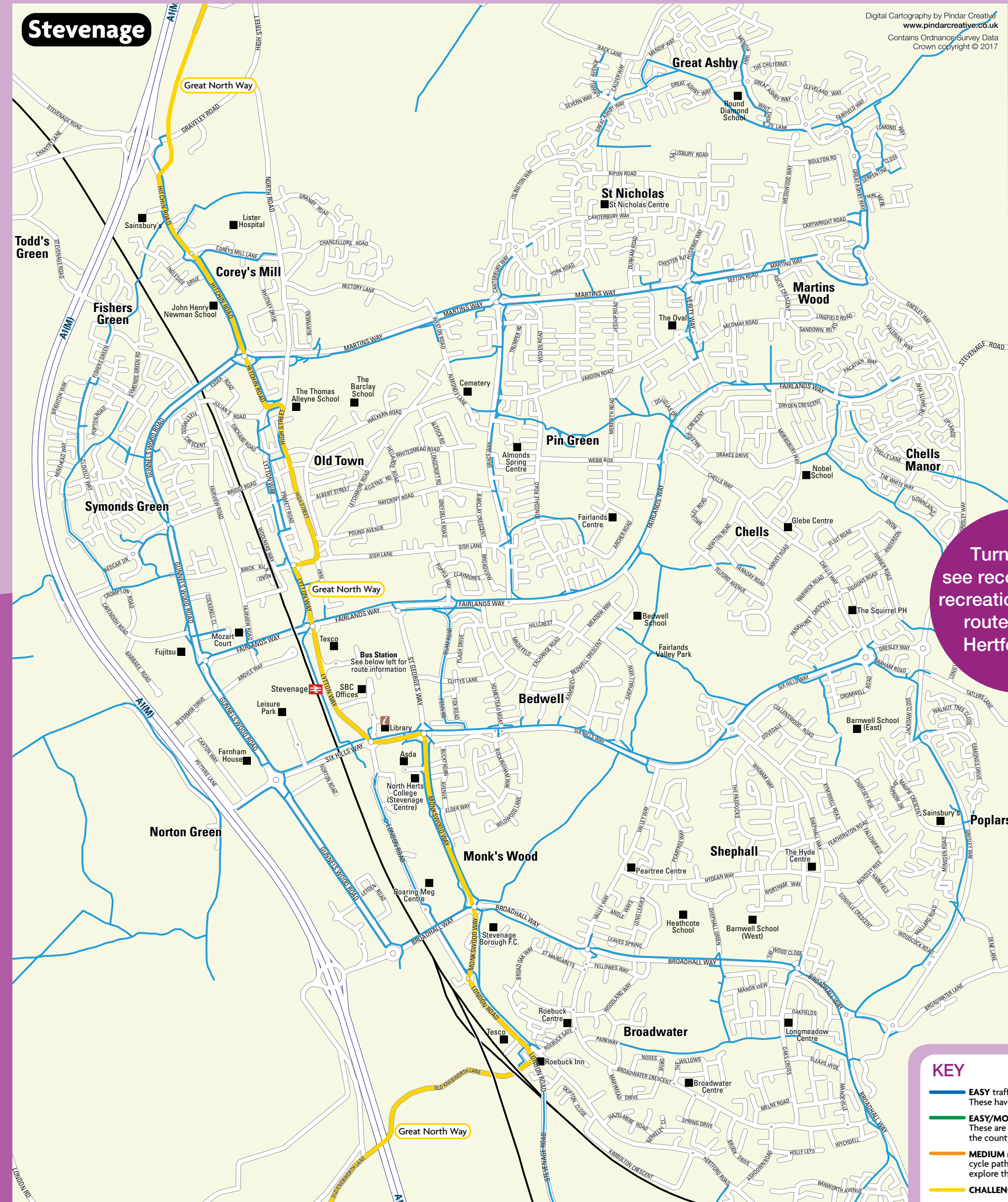
As your fitness and confidence improves, the **ORANGE** routes and loops should provide even more picturesque and challenging rides and finally, once you are ready to really test yourself, the **YELLOW** routes of the Chiltern Cycle Way and the Great North Way draw together some of the county's best roads and cycle paths to make for a truly rewarding day out.

All of the routes can be found in greater detail at www.hertscycling.com which also has information on events and ways to get even more from your riding.

For all the latest news and updates regarding cycling in Hertfordshire just follow us on Twitter.

@hertscycling

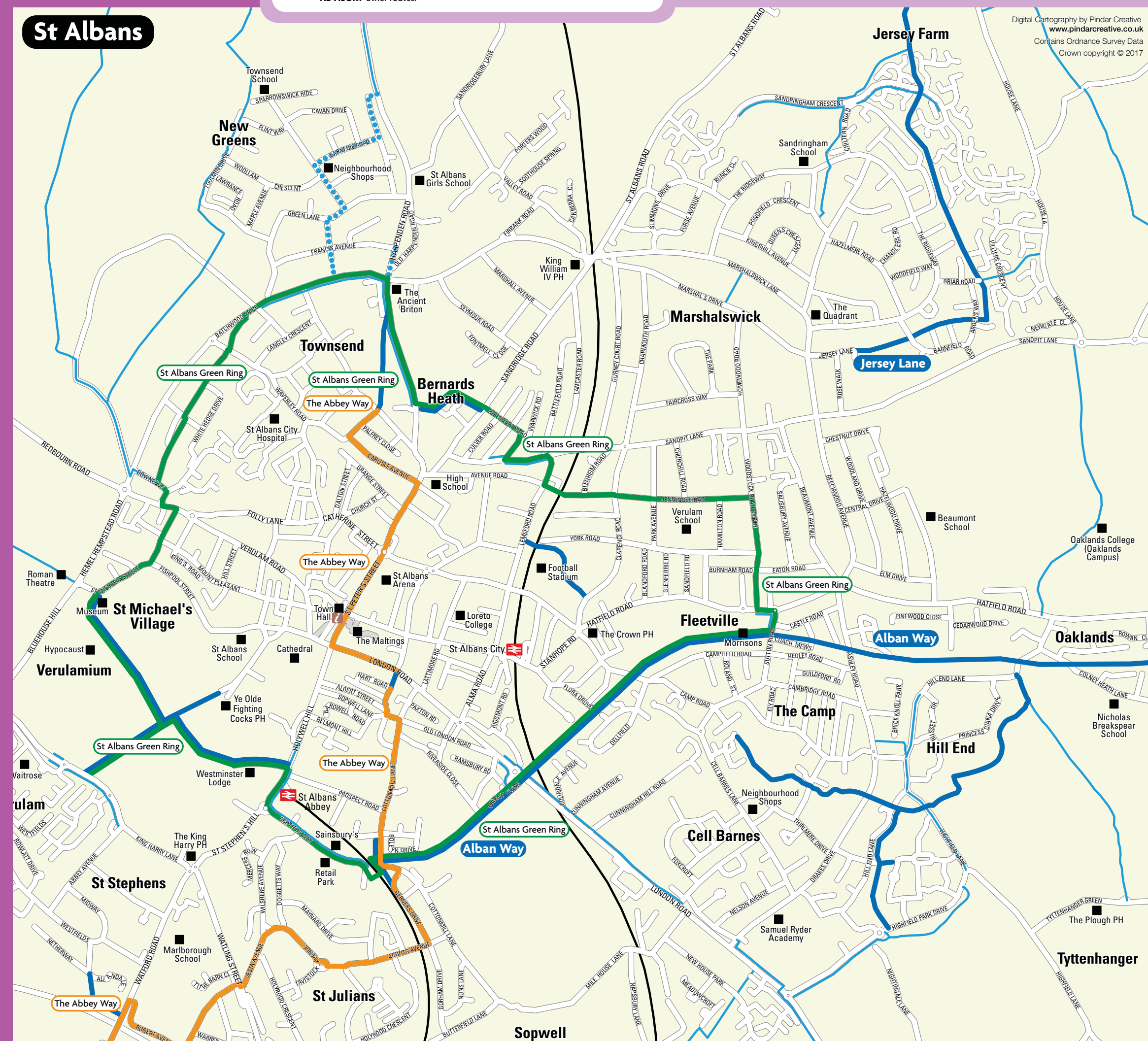
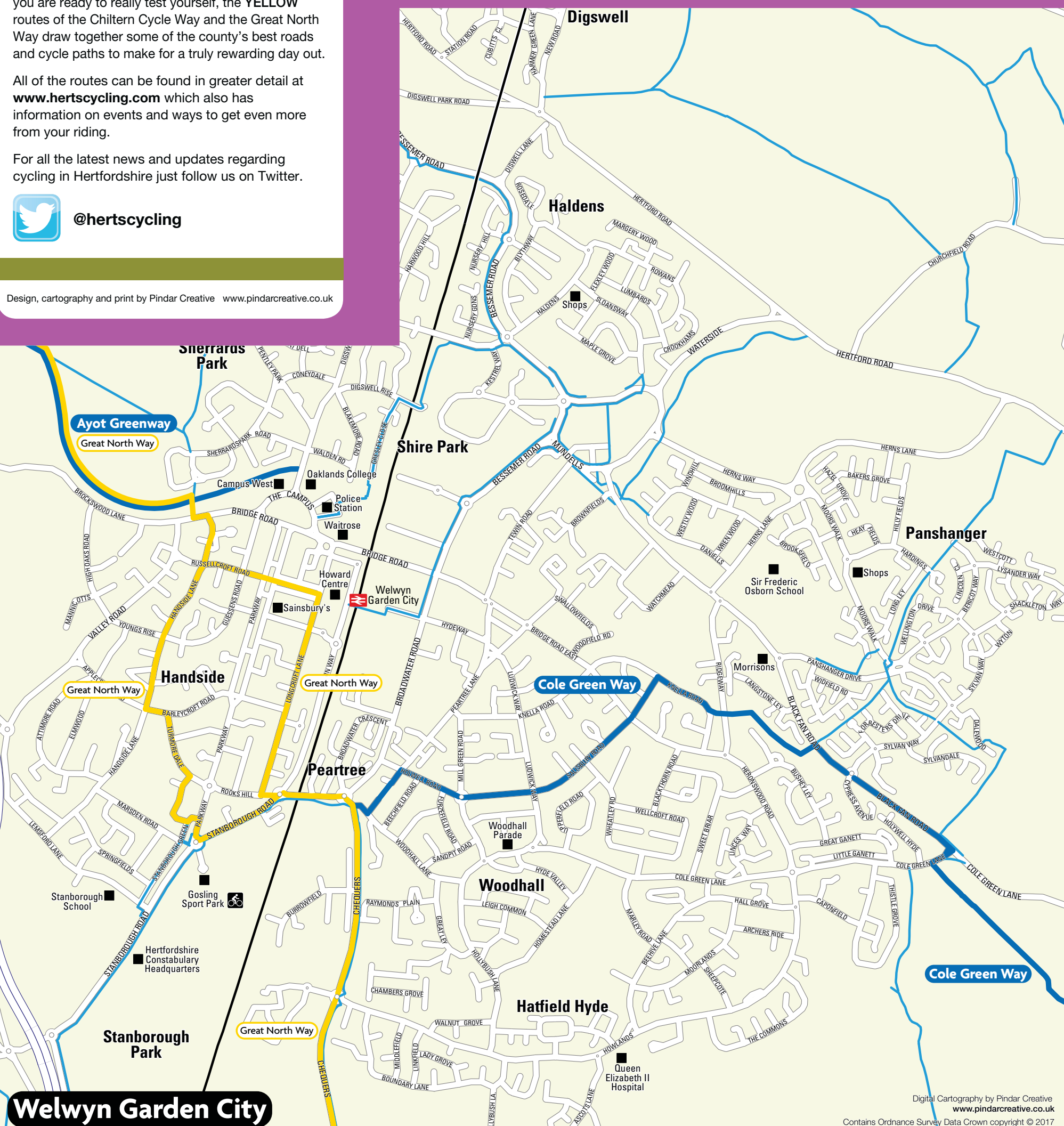
Design, cartography and print by Pindar Creative www.pindarcreative.co.uk



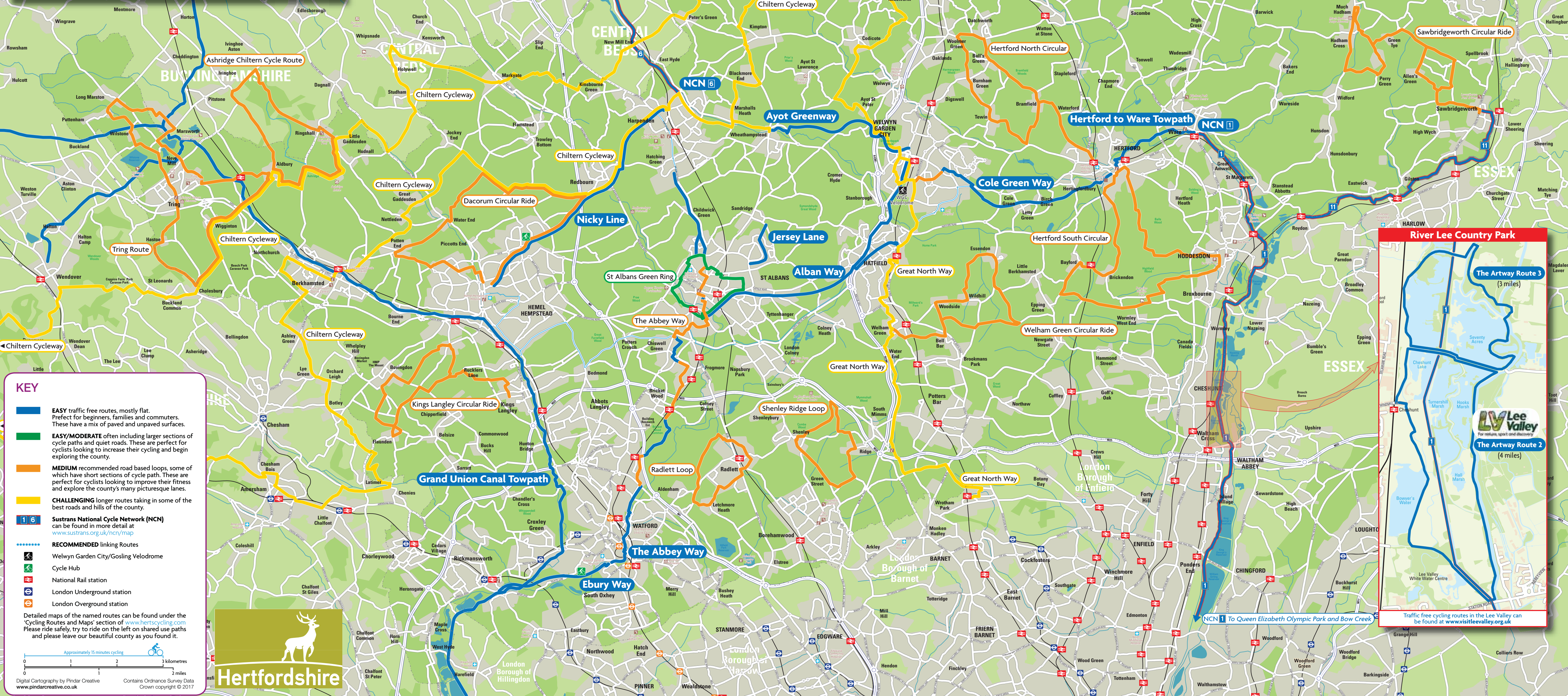
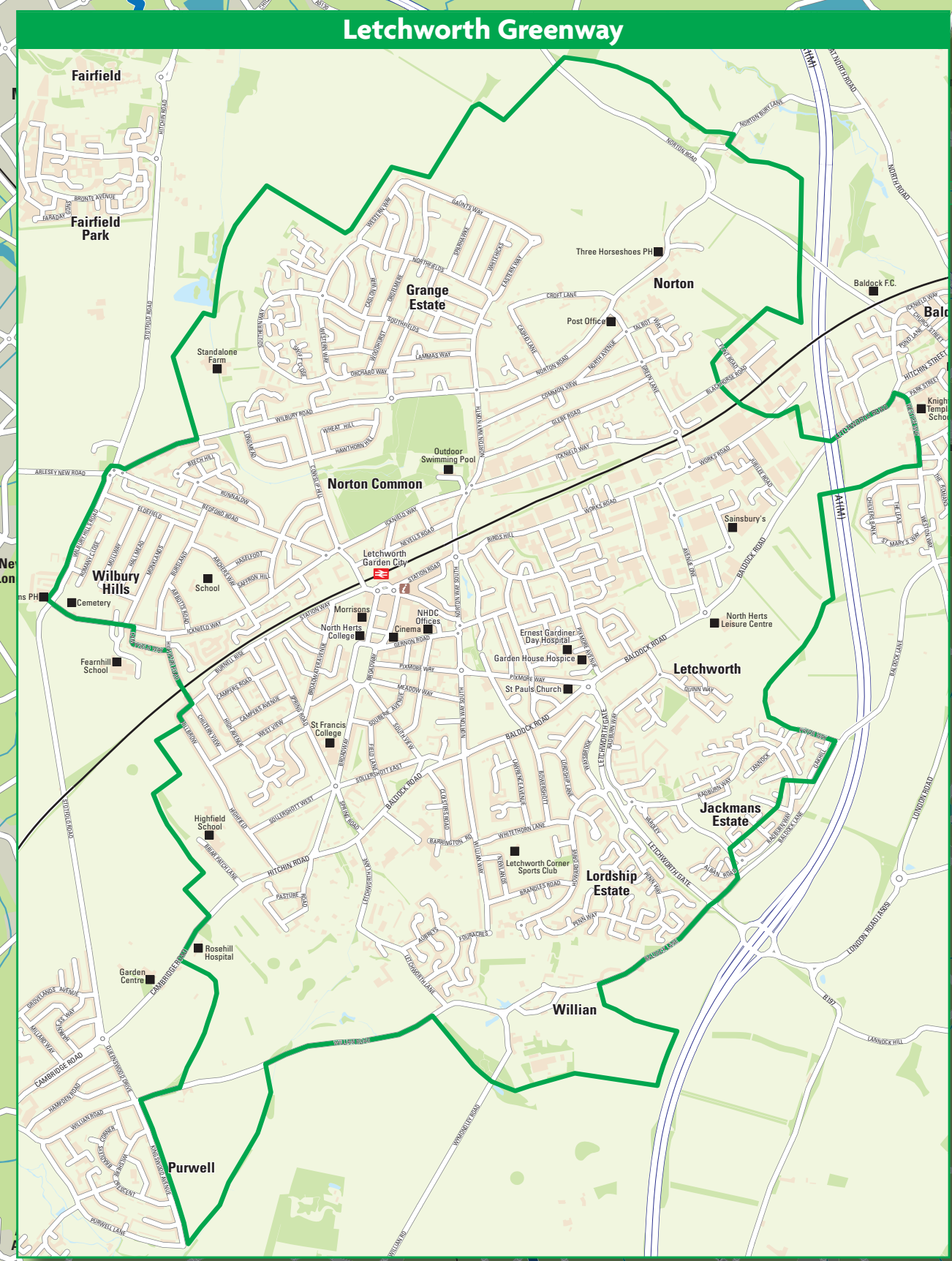
Turn over to see recommended recreational cycling routes across Hertfordshire.

KEY

- EASY** traffic free routes, mostly flat. Perfect for beginners, families and commuters. These have a mix of paved and unpaved surfaces.
- EASY/MODERATE** often including larger sections of cycle paths and quiet roads. These are perfect for cyclists looking to increase their cycling and begin exploring the county.
- MEDIUM** recommended road based loops, some of which have short sections of cycle path. These are perfect for cyclists looking to improve their fitness and explore the county's many picturesque lanes.
- CHALLENGING** longer routes taking in some of the best roads and hills of the county.
- RECOMMENDED** linking routes.
- ADVISORY** other routes.



Hertfordshire Cycling Map for Recreation and Commuting



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 - 1 6 **Sustrans National Cycle Network (NCN)** can be found in more detail at www.sustrans.org.uk/ncnr/map
 - **RECOMMENDED** Linking Routes
 - Welwyn Garden City/Gosling Velodrome
 - Cycle Hub
 - National Rail station
 - London Underground station
 - London Underground station

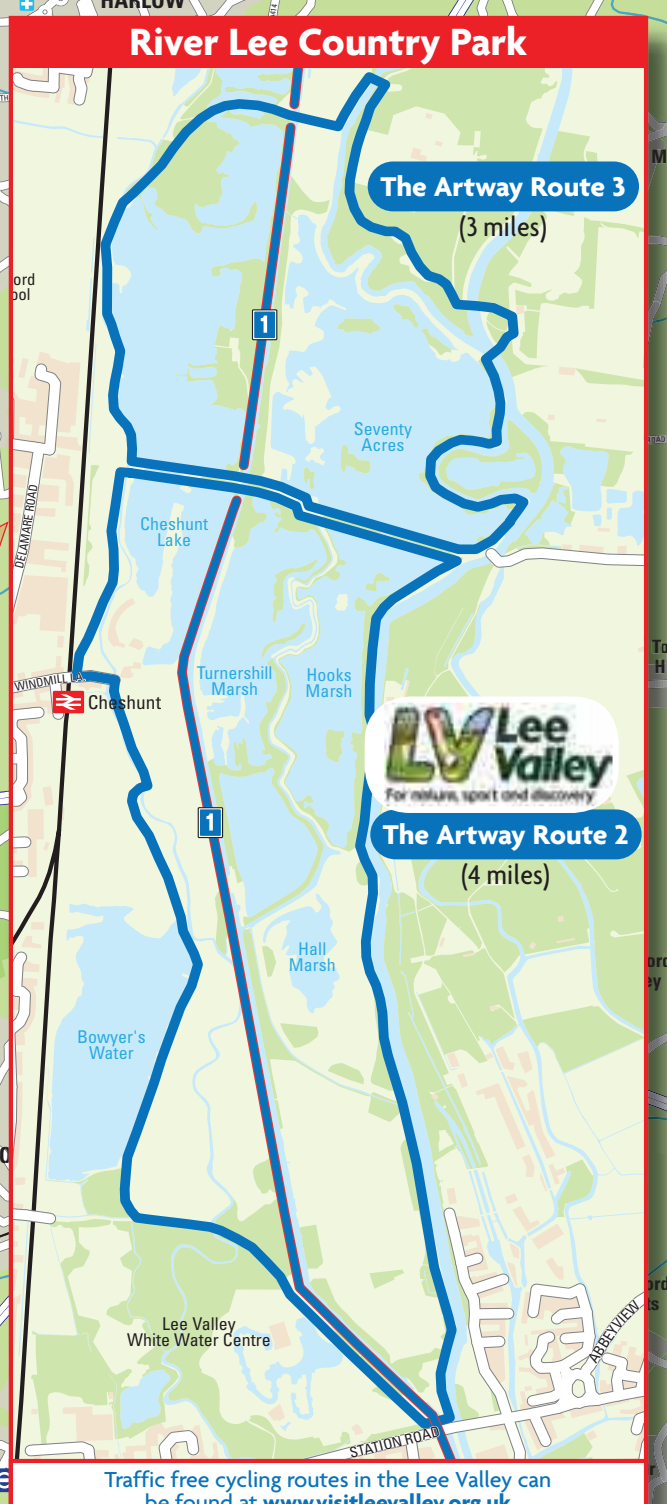
Detailed maps of the named routes can be found under the 'Cycling Routes and Maps' section of www.hertscycling.com. Please ride safely, try to ride on shared use paths and please leave our beautiful county as you found it.

Approximately 15 minutes cycling

0 1 2 3 kilometres

0 1 2 miles

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Traffic free cycling routes in the Lee Valley can be found at www.visitleevalley.org.uk