

Organisation	Type of support	Contact details
<b>ORGANISATIONS WORKING ACROSS THE COUNTY</b>		
<b>Association of Ukrainians in Great Britain</b>	Help to set up groups to continue to embrace their heritage and culture and keep it alive, as well as looking after their wellbeing and signposting if other services as and when necessary.	<p><i>Waltham Cross Branch:</i> <a href="https://www.augb.co.uk/WalthamCrossAUGBBranch">https://www.augb.co.uk/Waltham Cross AUGB Branch</a> (Hertfordshire branch), Cathy Z <a href="mailto:Walthamcross@augb.co.uk">Walthamcross@augb.co.uk</a></p> <p><i>Hemel Hempstead Branch:</i></p> <p><a href="#">(33) Hemel Hempstead AUGB Branch</a>, Anna L, <a href="mailto:hemel.hempstead@augb.co.uk">hemel.hempstead@augb.co.uk</a></p>
<b>Barnardo's</b>	<p><b>Refugee Family Helpline:</b> emotional and practical support as well as advice and signposting to children, young people and their families. <a href="https://helpline.barnardos.org.uk/refugee-family-helpline">https://helpline.barnardos.org.uk/refugee-family-helpline</a></p> <p><b>BOLOH helpline:</b> for emotional health and wellbeing support (with interpretation) for adult asylum seekers. <a href="https://helpline.barnardos.org.uk/boloh-helpline/asylum-seekers">https://helpline.barnardos.org.uk/boloh-helpline/asylum-seekers</a></p> <p><b>Ukraine Support Helpline:</b> for guests and hosts Homes for Ukraine guidance for hosts. <a href="#">Barnardo's Ukrainian Support Helpline   Barnardo's (barnardos.org.uk)</a></p>	<p>0808 156 9877 <a href="mailto:RefugeeFamilyHelpline@barnardos.org.uk">RefugeeFamilyHelpline@barnardos.org.uk</a></p> <p>0800 151 2605 <a href="mailto:Boloh.helpline@barnardos.org.uk">Boloh.helpline@barnardos.org.uk</a></p> <p>0800 148 8586</p> <p><a href="mailto:ukrainiansupport@barnardos.org.uk">ukrainiansupport@barnardos.org.uk</a></p> <p><a href="#">Advice for Host Families.pdf (barnardos.org.uk)</a></p>
<b>British Red Cross Refugee Support</b>	Casework support for people seeking asylum to enable access to key services such as accommodation, statutory financial support, legal advice, etc.	<a href="mailto:rsenquiriesluton@redcross.org.uk">rsenquiriesluton@redcross.org.uk</a> Tel: 01582 58908

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<b>Chrysalis Centre</b>	Support for those at risk of engaging in coercive and controlling behaviour or committing domestic abuse. <i>Clients must consent to a referral.</i>	<a href="#">Chrysalis Centre</a> <a href="mailto:enquiries@chrysaliscentre.net">enquiries@chrysaliscentre.net</a>
<b>Citizens Advice</b> In every District and Borough throughout the county	In addition to the specialist funded services for refugees and asylum seekers in Hertfordshire, anyone can also use the services of the 10 Citizens Advice offices (one in each District/Borough of Hertfordshire) which offers free, confidential, and impartial advice. Particular expertise around housing and benefits issues.	For the find your local service tool: <a href="https://www.citizensadvice.org.uk/about-us/contact-us/contact-us/contact-us/">https://www.citizensadvice.org.uk/about-us/contact-us/contact-us/contact-us/</a> Advice Line 0800 144 8848
<b>GoVolHerts</b>	One-stop-hub for all volunteering queries, opportunities, and best practice advice across Hertfordshire.	<a href="#">Home</a>   <a href="#">GoVolHerts</a>   <a href="#">Volunteering in Hertfordshire.</a>   <a href="#">GoVolHerts - #TeamHerts Volunteering</a> 01462 689409 <a href="mailto:info@govolherts.org.uk">info@govolherts.org.uk</a>
<b>Hospital &amp; Community Navigation Service (HCNS)</b>	A partnership of voluntary organisations working closely together to provide an integrated social prescribing service throughout Hertfordshire. Social prescribing <b>connects people to activities, groups, and services in their community to meet their health and wellbeing needs.</b>	<a href="#">Home</a>   <a href="#">Hcns</a> 0300 123 4044

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<b>Herts Sport and Physical Activity Partnership ('HSP')</b>	HSP runs regular HAPpy Camps during school holidays. Many refugee and asylum seeker children will be eligible to attend these camps free of charge. HAPpy Camps provide a range of fun experiences, including physical activity, enrichment, a healthy meal and snacks for eligible children - those aged 4-16 (reception to year 11).	Alex Varran, Project Officer at Herts Sport & Physical Activity Partnership <a href="mailto:a.varran2@herts.ac.uk">a.varran2@herts.ac.uk</a>  <a href="http://sportinherts.org.uk">HAPpy Camps (sportinherts.org.uk)</a>
<b>Herts Welcomes Refugees</b>	Level/type of support depends on location. Range of support including clothing, drop-in sessions, supporting attendance at school induction meetings and obtaining school uniform, form filling, ESOL, and language support, SIM cards, referrals to other services (e.g. mental health and baby boxes for expectant/new mothers), volunteer befriending, transport, activities during school holidays, activities for young adults, supermarket vouchers, cooking sessions.	<a href="#">HERTS WELCOMES REFUGEES - Home</a>  Email: <a href="mailto:enquiries@hertswelcomes.org.uk">enquiries@hertswelcomes.org.uk</a>
<b>Metro</b>	Metro delivers STI /HIV awareness training. They run regular sexual health and wellbeing sessions for organisations such as refugee hotels and colleges where free condoms and STI test kits are distributed, and referrals to sexual health clinics made. They can also set up establishments to distribute their own STI testing kits for chlamydia and gonorrhoea and condoms for free.	<a href="#">Embrace difference   METRO Charity</a> <a href="#">Get It - condoms &amp; sexual health testing</a> <a href="mailto:sexualhealthhertfordshire@metrocharity.org.uk">sexualhealthhertfordshire@metrocharity.org.uk</a> –  Sign up to receive free condoms twice a month or order a dual chlamydia/ gonorrhoea test.

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<b>Refugee Council</b>	Holistic support for resettled refugees across Hertfordshire (UKRS, ARAP, ACRS, VPRS, VCRS schemes). Run drop-in groups for their clients in several Hertfordshire Districts & Boroughs.	Tel: 07776590682 Email: <a href="mailto:herts@refugeecouncil.org.uk">herts@refugeecouncil.org.uk</a> or Tomasz Glinski, Resettlement Area Manager, <a href="mailto:tomasz.glinski@refugeecouncil.org.uk">tomasz.glinski@refugeecouncil.org.uk</a>  <a href="https://www.refugeecouncil.org.uk/">https://www.refugeecouncil.org.uk/</a>
<b>SkillSum</b>	Commissioned to provide specific support for displaced international recruits in Hertfordshire.	<a href="https://skillsum.co.uk">https://skillsum.co.uk</a>  0208 2050067
<b>Turn2Us</b>	Turn2us is a national charity offering information and practical help to people facing financial insecurity. Grants may be available for refugees and asylum seekers in Hertfordshire. Anyone can use their website to enquire about the possibility of getting a grant.	<a href="#">Turn2us Grants Search: Before you start</a>

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<b>Mind in Mid Herts</b>	Mental Health social support: support groups in 4 centres for people to find others with shared interests (6-8 week waiting time). Psychological Therapies: comprehensive counselling services (waiting list is 4-6 months for those non-urgent) available in Stevenage and St Albans. Free and no waiting time: Psychoeducation courses and workshop (building courage, feeling well, sleep etc.) and vocational support for people wanting to look at getting back into work following recovery or part of their mental health recovery.	North Herts; Stevenage; Welwyn Hatfield; St Albans and Hertford	Tel: 03303 208100;  Email: <a href="mailto:admin@mindinmidherts.org.uk">admin@mindinmidherts.org.uk</a>  <a href="http://www.mindinmidherts.org.uk">www.mindinmidherts.org.uk</a>  Referral or self-referral from website. There is a waiting list for social support groups but the workshops and courses and vocational support that are all fully funded (free) have no waiting time.
<b>Care4Calais</b>	Supporting asylum seekers in Broxbourne, and in dispersal accommodation.	Broxbourne	<a href="https://care4calais.org/contact-us/">https://care4calais.org/contact-us/</a>
<b>Integration Support Services</b>	Currently supporting residents in Broxbourne with a number of activities aiming to encourage community integration. Tues & Thurs mornings onsite.	Broxbourne	<a href="#">Integration Support - Integration Support</a>
<b>Alexandra Road Congregational Church</b>	Fridays 1-3pm providing space for Herts Welcomes Refugees - second hand phones, clothes, toiletries, etc. and some English teaching as well. Help with forms. Wednesdays 2pm - 3pm, a class which is to help with English using Christian materials. First Saturday of the month, 10am - 12pm - drop-in session with coffee, cake and crafts for children.	Dacorum	<a href="https://arcchemel.org.uk/contact-us/get-in-touch/">https://arcchemel.org.uk/contact-us/get-in-touch/</a>

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<b>Community Action Dacorum</b>	Support health/wellbeing and integration through the delivery of community based ESOL courses and other activities that build confidence and skills and foster community cohesion. Working in a number of our asylum properties as well as with other newly arrived groups.	Dacorum	Community Action Dacorum – 01442 253935 <a href="http://www.communityactiondacorum.org.uk">www.communityactiondacorum.org.uk</a> <a href="mailto:helen@communityactiondacorum.org.uk">helen@communityactiondacorum.org.uk</a> or <a href="mailto:lindan@communityactiondacorum.org.uk">lindan@communityactiondacorum.org.uk</a>
<b>Community Action Dacorum Volunteer Centre</b>	The Volunteer Centre offers help to asylum seekers living in Hempstead House in finding volunteer work in Hemel Hempstead Town Centre.	Dacorum	01442 247209 <a href="mailto:volunteering@communityactiondacorum.org.uk">volunteering@communityactiondacorum.org.uk</a>
<b>Dacorum BC Women's Group</b>	Drop-In and activity group for refugee and asylum-seeker women living in Dacorum. Mondays 12-2pm (excluding school holidays and bank holidays). Location: Adeyfield Community Centre	Dacorum	<a href="mailto:Humanitarian.Response.Mailbox@dacorum.gov.uk">Humanitarian.Response.Mailbox@dacorum.gov.uk</a>

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<b>Markyate Baptist Church</b>	<p>Hosts a weekly café in partnership with Care4Calais on a Wednesday and offers other support for asylum seekers living in the nearby asylum seeker property (not open to other groups at this time) including:</p> <ul style="list-style-type: none"> <li>• English and cultural UK teaching weekly, - Tuesday afternoons at The Holiday Inn</li> <li>• Social events, hospitality and outings, normally on a Friday</li> <li>• Liaison with local colleges to enrol asylum seekers in courses, speaking with Migrant help and getting to Home Office interviews</li> <li>• Monthly clothing distributions, subject to funding and availability of volunteers.</li> </ul>	Dacorum	<a href="http://www.markyatebaptist.org">www.markyatebaptist.org</a>  <a href="mailto:Jeremy@markyatebaptist.org">Jeremy@markyatebaptist.org</a>

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<b>South Hill Centre</b>	<p>Tuesdays and Fridays 10am-3.30pm (also online). Employability and Wellbeing hub, offer basic refreshments, practical and emotional support and generally a helping hand.</p> <p>Tuesday afternoon SHC International initiative, offers support to any non-UK national and engages with other organisations e.g. Herts Welcomes Refugees, Herts MIND Network, Migrant Help.</p> <p>Some basic ESOL classes are offered to Asylum Seekers who do not meet the criteria for mainstream courses. There is another provider who can provide mainstream ESOL classes once individuals have status or have been in the Country for more than 6 months.</p> <p>Provide space for some traditional events for the Ukrainian population in the local area.</p>	Dacorum	<p>Tel: 01442 234728</p> <p>Email: <a href="mailto:enquiries@southhillcentre.co.uk">enquiries@southhillcentre.co.uk</a></p>
<b>Ahmadiyya Muslim Association Stevenage North</b>	Can support with donations needed e.g. clothes toys etc.	North Herts	Email <a href="mailto:asylumsupport@hertfordshire.gov.uk">asylumsupport@hertfordshire.gov.uk</a> and we will put you in touch with this organisation
<b>Asylum Friends</b>	Legal and Home Office support guidance	North Herts	<a href="#">Contact – Asylum Friends</a>

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<b>Churches together in Hitchin</b>	Co-ordinating collections for school uniforms and shoes, collecting other clothing and equipment, providing food and cooking facilities for families in Hitchin, providing transport for children to school where required.	North Herts	<a href="http://cthitchin.org.uk">Hitchin Pantry (cthitchin.org.uk)</a>  <a href="mailto:hitchin@yourlocalpantry.co.uk">hitchin@yourlocalpantry.co.uk</a>
<b>North Herts Minority Ethnic Forum</b>	We are currently providing the following services: -English Language courses - IT courses - Health & Wellbeing activities - Advocacy Services	North Herts	<a href="#">NHMEF - North Herts Minority Ethnic Forum</a>  Telephone: 01462 440224 Email: <a href="mailto:admin.nhmef@outlook.com">admin.nhmef@outlook.com</a>
<b>Our Lady Immaculate and St Andrew Catholic Church</b>	Provide free weekly membership to Hitchin Pantry for the residents and also provide a safe place for them to cook in their commercial kitchen at the Catholic Church in Hitchin	North Herts	Email <a href="mailto:asylumsupport@hertfordshire.gov.uk">asylumsupport@hertfordshire.gov.uk</a> and we will put you in touch with this organisation
<b>Triangle Community Garden</b>	Community garden project based in Hitchin delivering therapeutic gardening to individuals of different groups.	North Herts	<a href="http://www.trianglegarden.org">www.trianglegarden.org</a>  Email: <a href="mailto:alice@trianglegarden.org">alice@trianglegarden.org</a>
<b>Employment of Overseas Nationals (EON)</b>	Now only available to residents living in East Herts with the following immigration statuses: <ul style="list-style-type: none"> <li>• Hong Kong BN(O) visa holders;</li> <li>• former Unaccompanied Asylum-Seeking Children now 18+ with permission to work;</li> </ul>	East Herts	<a href="#">Referral forms - EELGA SMP</a>  <i>*EON workers will also meet with asylum seekers who do not yet have a decision on their application to discuss future plans.</i>

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	<ul style="list-style-type: none"> <li>• Ukrainian schemes (Homes4Ukraine, Ukraine Family Scheme, Ukraine Extension Scheme);</li> <li>• those here under the UK Resettlement Scheme (including Community Sponsorship Scheme, Mandate Resettlement Scheme);</li> <li>• Vulnerable Persons and Vulnerable Children’s Resettlement Schemes visa holders; and</li> <li>• Other Resettled refugees e.g. Afghan visa scheme holders.</li> </ul>		
<b>HAWA Multicultural Services CIC</b>	<p>Saheli Day Centre and HAWA Gym fitness.</p> <p>A very wide range of practical and emotional support for refugees and asylum seekers running several days each week. See full details on their website.</p>	St Albans	<a href="http://www.hawaherts.co.uk">www.hawaherts.co.uk</a> Telephone: 07480 93 42 82 Email: <a href="mailto:hawa@hawaherts.co.uk">hawa@hawaherts.co.uk</a>
<b>St Albans Cathedral asylum seeker support group</b>	English conversation groups weekly, a discussion group on Sundays, social events and hospitality and outings, liaison with local colleges to enrol asylum seekers in courses, help with opening bank accounts and getting to Home Office interviews. The Cathedral has run clothes give aways, art workshops and enables asylum seekers to be included in many community celebrations and activities.	St Albans	Email: <a href="mailto:mail@stalbanscathedral.org">mail@stalbanscathedral.org</a> Tel: 01727 890210

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<b>St Albans Community Pantry</b>	Free lunch once a week along with signposting and support, no referral needed.	St Albans	<a href="mailto:stalbanscommunitypantry@gmail.com">stalbanscommunitypantry@gmail.com</a> 08081753917 <a href="https://stalbanscommunitypantry.org/what-we-do">https://stalbanscommunitypantry.org/what-we-do</a>
<b>St Albans Food Bank (Christ Church New Greens)</b>	Food and broader wellbeing support. Also attends a group of asylum seeker supporters from the St Albans District who facilitate partnership worker and share information.	St Albans	<a href="#">Locations   St Albans and District Foodbank</a>
<b>St Albans for Refugees (StAR)</b>	Supply clothing and shoes, school uniforms, sport opportunities, IT equipment and toys/activities for the children.	St Albans	<a href="#">StAlbansforRefugees</a>  01727 576001
<b>St Albans United Reformed Church (Greenwood)</b>	Conversation group at Greenwood URC, Wednesday mornings 10-12	St Albans	<a href="#">St Albans URC</a>  Tel: 01727 421697

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<b>St Bartholomew's RC church</b>	<p>Conversation class - every Thursday 10-12 in the church hall. Lead by Teresa Clarke and local volunteers</p> <p>Also help to provide clothes, bikes and cycle training, arrange ESOL classes at the local FE college, help to get AS voluntary jobs with Communities First, arrange football training and kit, host lunches/picnics with other faith communities in the area. Attempt to help with filling in forms and getting a lawyer.</p>	St Albans	<p>01727 850066</p> <p><a href="mailto:stalbanssouth@rcdow.org.uk">stalbanssouth@rcdow.org.uk</a></p>
<b>Communities 1st</b>	<p>Commissioned by St Albans City &amp; DC to support asylum seekers in the District. Chairs regular meetings of a group of a group of refugee/asylum seeker supporters from the St Albans District who facilitate partnership working and share information.</p> <p>Engagement, signposting and facilitation of health and wellbeing activities for asylum seekers.</p>	St Albans Hertsmere	<p>Main Contact: 01727 649900</p> <p><a href="mailto:us@communities1st.org.uk">us@communities1st.org.uk</a></p>
<b>Watford &amp; Three Rivers Refugee Partnership</b>	<p>Immigration guidance and wider support for migrants living in Watford and Three Rivers.</p>	Watford and Three Rivers	<p><a href="https://www.wtrrp.org.uk/">https://www.wtrrp.org.uk/</a></p> <p><a href="mailto:casework@wtrrp.org.uk">casework@wtrrp.org.uk</a></p>
<b>Watford Welcomes People from Ukraine</b>	<p>Guide to Watford and general support for Ukrainians in Watford.</p>	Watford and Three Rivers	<p><a href="http://www.watford.gov.uk">Watford welcomes people from Ukraine – www.watford.gov.uk</a></p>
<b>Saint Mary Magdalene CofE</b>	<p>Support for asylum seekers in Welwyn Garden City.</p>	Welwyn Hatfield	<p>07397 785032</p> <p><a href="mailto:emma@st-mary-magdalene.org.uk">emma@st-mary-magdalene.org.uk</a></p>

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Ukrainian Saturday School of Herts CIC	Weekly lessons every Saturday from 10 am to 1 pm	Welwyn Hatfield	<a href="mailto:ukr.community.hertfordshire@gmail.com">ukr.community.hertfordshire@gmail.com</a>