The Epilepsy Specialist Nurses can:

• Give you expert advice and support about your epilepsy and healthcare

• Provide you with up to date information

• Work with you and others to treat and manage your seizures

• Assess your needs for specialist equipment that will help you and your carers manage your seizures and refer on to Herts Careline as appropriate.
• Help you to use My Purple Folder

• Give you advice and help with your medication

• Support you to contact the right health services for your needs

• Provide training about epilepsy and seizure management

• The Epilepsy Specialist Nurses (ESN's) are core members of the Specialist Learning Disability Service Epilepsy Clinic
The Epilepsy Specialist Nursing Service will:

• Receive referrals from anyone
• Always treat you with respect
• Respond within 1 working day for urgent referrals and within 10 working days for non urgent referrals
• Allocate you a named Epilepsy Specialist Nurse or Senior Community Learning Disability Nurse within the Epilepsy Specialist Service
• Work together with others to get the best healthcare outcomes
• Offer you a Purple Folder
• Give you expert help and advice about your epilepsy and health
• Agree a Care Plan and review it often to make sure it is helping you
• Act to protect you from harm
If you need help to understand
Call 0300 123 4042 if you would like help to understand this information or need it in a different format. You can also ask to speak to someone in your own language.

Contact us
For information and advice on how to get care and support

Email:
hertsdirect@hertfordshire.gov.uk

Telephone: 0300 123 4042
Textphone: 0300 123 4041

Calls to 0300 cost no more than a national rate call to a 01 or 02 number.

If you are worried that you or someone you know is at risk of abuse or neglect

Call us on 0300 123 4042
(24 hours a day)

Contact us

Our website
Information about adult social care – apply online for meals on wheels or a Blue Badge and make a referral for care services

www.hertfordshire.gov.uk/adults

Hertfordshire Directory
Find national and local community groups, charities, services and activities

www.hertfordshire.gov.uk/directory

HertsHelp
Independent information and advice on local community services and care funding

Telephone: 0300 123 4044
Minicom: 0300 456 2364
Email: info@hertshelp.net

If you need help to understand
Call 0300 123 4042 if you would like help to understand this information or need it in a different format. You can also ask to speak to someone in your own language.
March 2018

Contact us:
01442 453017
Monday – Friday 9:00 to 5:00
Epilepsy.referrals@hertfordshire.gov.uk

For more information about Adult Disability Services contact
www.hertfordshire.gov.uk/contact or call HertsHelp on 0300 123 4044 or drop into your local library.