Community Assessment & Treatment Service

Specialist Learning Disabilities
Who we work with

....adults with a learning disability who may have additional mental health needs, behaviours that are said to challenge services and / or complex needs.
Eligibility

A significantly reduced ability to understand new or complex information, or learn new skills (impaired intelligence)

A reduced ability to cope independently (impairment social functioning);

This began before adulthood, with a lasting effect on development
C-ATs aims to:

Work with people with a learning disability who may need additional support to live independently and keep them well in the community.
C-ATs work closely with:

- Carers
- (family members & care providers)
- Adult Social Care Team
- Primary Health Care
- Local Voluntary Sector
- Other support services
Examples of support

Developing coping skills in order to manage emotions & difficult situations

Develop effective communication strategies

Develop an organisational strategy to cope with and manage an individual’s challenging responses and complex needs

Develop a person’s skills and independence in activities of daily living

Develop partnerships with other services and agencies, e.g. Community Learning Disability Teams, Primary Care Trusts, Community Enterprises, Police and Mental Health Services, to ensure a holistic, co-ordinated multi-disciplinary approach.
The role of each discipline:

- Nursing
- Psychiatry
- Arts Therapies
- Psychology
- Speech & Language Therapy
- Dieticians
- Counselling
- Occupational Therapy
- Offending Behaviour Intervention Service (OBIS)
- Positive Partnerships Team (PPT)
For More Information about HPFT

Please visit:  http://www.hpft.nhs.uk

To make a referral, please contact the Single Point of Access:
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