Contextual Safeguarding
Facilitated by In-Trac Training
Via live webinar sessions

Held over a 2hr session, with a short comfort break.

**Target audience:** Any professional working with children and their families

**Attendance criteria:** Participants will have already attended child protection awareness training and have an understanding of the signs and symptoms of child abuse.

**Aim of the Course:** This taster session will introduce participants to the concept of Contextual Safeguarding and explore the main principles associated with it. This will include understanding the drivers for adolescent behaviour, the contexts within which adolescents experience abuse and the challenges in responding to adolescent vulnerability.

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For bookings, please visit the HSCP [website](#)
An introduction to Adverse Childhood Experiences, Trauma Informed Practice & Resilience

Keynote Speakers: Warren Larkin & Associates

DUE TO POPULAR DEMAND

24 sessions are available, held over 1.5hr sessions starting at 9:30am, 11:30am, and 2pm, via Zoom (equivalent to a half day training session). Breakout sessions will also be held.

**Target audience:** Any professional working with children, adults and their families – open to both HSCP and HSAB partner agencies.

**Learning Outcomes:**
This training will introduce you to the science of Adverse Childhood Experiences (ACE’s) and the potential impact ACEs can have across the life course in terms of social, emotional and physical wellbeing. The sessions will explore the role of toxic stress and trauma on childhood development and adult life. The session will conclude by focussing on how resilience can offset the impact of adversity and trauma.

**Brief introduction** to ACEs

**Pre-learning:** Please view this [video](#) developed by Blackburn with Darwen Borough Council and Public Health Wales, and this [video](#) developed by NHS Education for Scotland, in partnership with the Scottish Government.

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For bookings, please visit the HSCP [website](#)
During the COVID-19 lockdown, the HSCP and HSAB are offering training courses via a live webinar, using MS Teams

Join us for live webinars and learn about the latest safeguarding practice.

Booking Conditions

LEARNING HUBS
ON-LINE SAFETY
Via live webinar sessions

The Learning Hub is an important two-way feedback loop between front line practitioners and the Strategic Safeguarding Partnership/Board, ensuring learning on priority local issues is shared and acted on at all levels in a timely way.

Held over 1.5hr sessions via MS Teams – see below for dates and start times.

Keynote Speakers: Claudia Megele, National Chair for the Principal Children and Families Social Worker (PCFSW) and Dr Peter Buzzi, National Research Lead for the PSFSW network’s online safeguarding research and practice development project.

Learning Objectives: During these sessions, the speakers will discuss case examples and will share a structured and evidence-based approach to assessment of online risks and safeguarding children and young people online.

UNFORTUNATELY, ALL THE LEARNING HUBS ARE NOW FULLY BOOKED. PLEASE VISIT OUR WEBSITE TO ADD YOUR NAME TO OUR WAITING LISTS.

For bookings, please visit the HSCP website
Understanding and Identifying Neglect with a focus on Early Help
Via live webinar sessions

Held over a 2hr session, with a short comfort break.

**Target audience:** Any professional working with children and their families

**Attendance criteria:** Participants will have already attended child protection awareness training and have an understanding of the signs and symptoms of child abuse.

**Aim of the Course:** To provide professionals with a greater understanding of the concept of neglect and what current research tells us in relation to the abuse of children.

**Learning Outcomes:**
By the end of the course, participants will to able to:
➢ establish a working definition of neglect
➢ recognise signs and symptoms in children and young people who are suffering, or may be suffering, neglect
➢ explore the impact of neglect on child development
➢ make use of research and findings from Serious Case Reviews to inform practice
➢ gain understanding of the importance of a multi-agency approach to neglect

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For bookings, please visit the HSCP website

We will keep you updated with upcoming training and when we will be resuming our face to face training courses.

If you have any queries, please email Jane Savage: Jane.savage@hertfordshire.gov.uk
Child Sexual Exploitation Prevention, Protection & Investigation

Held over a 1.5hr session starting at 9:30am, via MS Teams (equivalent to a half day training session)

**Target audience:** Practitioners from all agencies working with children, young people and their families

**Aim of the Course:** To raise awareness of child sexual exploitation including typical indicators, grooming models, impact, responding to concerns, communication and engagement with young people, good practice guidance.

**Learning Outcomes:**
- What Child Sexual Exploitation means
- How to identify the vulnerability and risk factors of children/young people who are at risk of CSE and the reasons why they may become involved in, or targeted for, CSE
- The impact of CSE on a child/young person
- How to respond to concerns and share information, including making referrals to appropriate services in order to both protect and support the child/young person

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For bookings, please visit the HSCP website
Working with Mothers with Emotionally Unstable Personality Disorder (EUPD)

Delivered by:

The HPFT Community Perinatal Team:
- Dr Sarah Cohen, Consultant Perinatal Psychiatrist
- Dr Shetal Patel, Clinical Perinatal Psychologist
- Dr Natasha Gray, Parent-Infant Psychologist.

Held over a 2hr session (with a 10min break) starting at 9:30am, via MS Teams (equivalent to a half day training session)

Target audience:
Non-mental health professionals who work with pregnant women and mothers who have Emotionally Unstable Personality Disorder, e.g. but not limited to Children’s services practitioners; midwives and health visitors:

Content:
This course is to support staff who are working with families where parents (particularly the mother) has Emotionally Unstable Personality Disorder (EUPD). To include:

- Why EUPD develops; how it manifests and the impact of EUPD on the family in the perinatal period.
- Risks that EUPD poses and risk assessment
- Advice on working with mothers with EUPD to reduce risks
- Understanding and supporting the parent infant relationship when a parent has EUPD

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NEW SESSIONS WILL BE ADDED FOR MARCH AND MAY 2021
PLEASE CHECK FUTURE L&D PROGRAMMES

For bookings, please visit the HSCP [website](#)
Safeguarding and Child Protection Multi Agency Course

Held over two 1.5hr sessions starting at 9:45am and finishing at 2.45pm, via MS Teams (equivalent to a one day training session)

Target audience: Any professional working with children and their families

Attendance criteria: Delegates must have completed Level 1 Safeguarding/Child Protection training within their own agency.

Learning Outcomes:
By the end of the course, participants will:
➢ gain knowledge of what to do when participants suspect that a child is suffering abuse;
➢ be aware of the locally agreed procedures and the expectations of the participant’s role in safeguarding and promoting the welfare of children and the importance of working together to achieve this;
➢ have an understanding of key relevant legislation and statutory guidance in this area;
➢ consider the needs of the child across the continuum of care, from early help to child protection utilising the local thresholds document;
➢ refresh their practitioner knowledge of the key categories of harm and how these might be identified;
➢ look at what happens after the concern has been raised and acknowledged; and
➢ look beyond the referral at how concerns are addressed including the child protection conference process.

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For bookings, please visit the HSCP website

You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses
Physical Abuse in Children (previously the ‘Bruising Lite Bite’)

Held over a 1.5hr session starting at 10am, via MS Teams (equivalent to a half day training session)

**Target audience:** Health Visitors, School Nurses, Social workers, Assistant Team Managers, Team Managers, Nursery Nurses, Child Care Workers, Children Centre Staff, Teachers, Police Officers, CAIU, Youth workers, Allied Health professionals, GPs

**Aim of the Course:** To enable the multi-agency team to recognise and respond to physical abuse in children

**Pre-course Work:** Please see the ‘Download Course Materials’ link from our training website, under the ‘Pre-course’ section, you will be able to access all the pre-reading materials and download the preparation worksheet.

**Please note** – The documents for download are useful reading and tools for you and we recommend that you read these as part of your forward learning around Physical abuse in children.

There are also tools to help you with reflection of your own practice.

Please also download ‘Assessment of marks in babies under 6 months’

**Learning Outcomes:**
- To embed the practice of using the HSCP pathways for physical abuse
- To raise awareness of Serious Case Reviews involving physical abuse of children
- To broaden knowledge around assessment of bruising in small children
- To enable professionals to effectively respond and refer for children where physical abuse is suspected

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Child Protection Conference Training

Held over a 1.5hr session starting at 10am, via MS Teams (equivalent to a half day training session)

**Target audience:** Health Services (GPs, health visitors, midwives, school nurses), School staff, Early Help staff, Probation, Children’s Services staff (domestic abuse practitioners, mental health practitioners), Community Adolescent Mental Health Service, Community Mental Health Team, Adult services, Children’s Centre staff.

**Attendance Criteria:** Delegates must have completed mandatory Basic/Stage 1 Safeguarding/Child Protection training within their own agency.

**Aim of the Course:** To learn about the structure and processes associated with a Child Protection conference and the methods and responsibilities of those involved.

**Learning Outcomes:**
- Information on the conference style and structure
- Children’s views
- What is expected of you – your role and responsibilities
- The role of the Child Protection Conference Chair
- Reports to conferences – how to write them, where to send them and what should be included.
- Timescales.
- Decision making process.
- Outcomes of a plan, process of monitoring progresses
- Differences between Child in Need and Child Protection
- Child protection process beyond the conference

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For bookings, please visit the HSCP [website](#)
Disguised Compliance & Avoidant Families

Held over a 1.5hr session starting at 10am, via MS Teams (equivalent to a half day training session)

**Trainer:** Professor Brian Littlechild

**Target audience:** Practitioners from all agencies working with children, young people and their families

**Aim of the Course:** This is a multi-agency course giving practitioners the opportunity to recognise, deal with, and at times challenge, the behaviours of resistance and avoidance tactics employed by potentially aggressive parents.

**Pre-course Work:** Please see the 'Download Course Materials' on our training website where, under the 'Pre-course' section, you will be able to access the schedule for the training session, a copy of the Disguised Compliance Top Tips booklet and a pre-course worksheet.

**Please note** – It is very important that the pre-course work is completed fully by all delegates prior to attending the training as it will form the basis for the first part of the session.

**Learning Outcomes:**
- To improve the confidence and skills of professionals dealing with issues of disguised compliance.
- Offer challenge and peer support to staff no matter what level in order to facilitate discussions with families exhibiting possible disguised compliance tactics.
- To increase knowledge, skills and competence of staff to recognise the signs and respond appropriately when working with avoidant families.
- To meet a locally identified need by service providers and commissioners.

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Safeguarding Vulnerable Groups

Held over two 1.5hr sessions starting at 9:45am and finishing at 2:45pm, via MS Teams (equivalent to a one day training session)

**Target audience:** Practitioners from all agencies working with children, young people and their families

**Aim of the Course:** This is a multi-agency course giving practitioners from a range of agencies the opportunity to consider and discuss safeguarding issues that arise for vulnerable children and young people.

**Learning Outcomes:**
- to be able to recognise the categories of abuse and the impact that abuse has on vulnerable children and young people, including a particular focus on neglect and early help
- to increase knowledge regarding the prevalence of the abuse of vulnerable children and young people
- to raise awareness of the issues particular to working with children who have a disability
- to understand the responses required from professionals and others involved with vulnerable children and young people in order to adequately protect them
- to consider some of the barriers to detection and disclosure of the abuse of children and young people with disabilities
- to consider the findings of recent reviews, both locally and nationally, as well as key legislation and guidance and how this impacts on practice

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For bookings, please visit the HSCP website to add your name to the waiting lists
The Toxic Trio

Two 1.5hr sessions available; one starting at 10am and the second starting at 13:30pm, via MS Teams (equivalent to a half day training session)

**Target audience:** Practitioners from all agencies working with Families and Young People

**Aim of the Course:** To raise awareness of the impact that Parental Mental Health, Parental Substance Misuse and Domestic Abuse has on children and young people.

**Learning Outcomes:**
- improve the knowledge, skills and working practices to better identify substance misuse, mental health and domestic abuse and the risks to children and the roles and responsibilities of agencies.
- explore the impact of substance misuse, mental health and domestic abuse on families and parenting from the perspective of the children.
- review and identify the signs associated with substance misuse, domestic abuse and mental health in parents and their extended families.
- provide harm reduction advice

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You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses

For bookings, please visit the HSCP website
HSCP training courses and charges

Our training courses build on the level 1 awareness sessions provided by agencies to their own staff.

Our programme includes full day and lite sessions. However, during the Covid-19 period we are offering limited live webinar sessions, via MS Teams.

All learning events are run by knowledgeable trainers and experts in the field, so you can be sure that the content will be interesting, stimulating and reflects safeguarding best practice in Hertfordshire.

Course Charges
There is a charge for all delegates from agencies that do not contribute to the HSCP or HSAB budget, including schools, district and borough councils, out of county providers and profit making private and independent organisations.
The charge for a full-day course is £75.00 per person
The charge for a half-day course is £50.00 per person
The charge for a Lite Bite sessions is £30 per person
Courses are free of charge to HSCP and HSAB contributory member agencies and the voluntary sector.

Cancellation Charges
Cancellation charges apply to everyone including those who fall into the free of charge payment category. Charges are as follows:
£75 per person per full-day course
£50 per person per half-day course
£30 per person per Lite Bite session
Cancellation charges applied if delegates fail to attend on the day or fail to cancel in writing at least 14 days in advance of the course.

MS Teams Guidance

Please note, you don’t need to have Office 365 products (MS Teams) on your tech (PC, laptop, tablet or smartphone) to join as a guest, as long as you have a good broadband connection, a microphone and a web browser. (You do not necessarily need a webcam for this session).
What are ACEs – a brief introduction

There is a substantial body of research, which originated in the United States, demonstrating the link between a selected group of ten Adverse Childhood Experiences (known as ACE’s) and the development of detrimental health and social outcomes later in life including life expectancy and long term physical and mental health.

The ACE studies have shown that when people are asked to look back at their own experiences, these adverse experiences are reported very commonly. Recent UK regional and national ACEs studies revealed that around 50% of the UK population experience at least 1 ACE, with around 12% experiencing 4 or more.

These findings indicate a need to prevent and respond more appropriately to experiences of adversity and public services, have an opportunity, at the point of initial contact, to routinely ask service-users about childhood adversity and trauma. Schools are well placed to identify those children, young people and families who are at risk or have experienced ACEs.

Repercussions of trauma experienced in childhood may persist through adolescence and into adulthood. Traumatic experiences can take many forms and can occur as a result of a natural event, as well as being human-caused through accidental or intentional acts.