

Contact us

Our website

Information about adult social care – apply online for meals on wheels or a Blue Badge and make a referral for care services

www.hertfordshire.gov.uk/adults

Hertfordshire Directory

Find national and local community groups, charities, services and activities

www.hertfordshire.gov.uk/directory

HertsHelp

Independent information and advice on local community services and care funding

Telephone: 0300 123 4044

Minicom: 0300 456 2364

Email: info@hertshelp.net

Contact us

For information and advice on how to get care and support

Email:

hertsdirect@hertfordshire.gov.uk

Telephone: 0300 123 4042

Textphone: 0300 123 4041

Calls to **0300** cost no more than a national rate call to a **01** or **02** number.

Abuse Hurts

If you are worried that you or someone you know is at risk of abuse or neglect

Call us on **0300 123 4042**

(24 hours a day)

If you need help to understand

Call **0300 123 4042** if you would like help to understand this information or need it in a different format. You can also ask to speak to someone in your own language.

The Community Learning Disability Nursing Service will

- Receive referrals from anyone.
- Ask some questions to work out if we are the right people to help you.
- Explain to you why we may need to share information about you with other professionals.
- Tell you who will be your Named Nurse.
- Work in partnership with other people who support you.
- Offer you a Purple Folder.
- Carry out a Nursing Assessment with you.
- Give you our best help and advice about your health.
- Agree a Care Plan that will meet your needs.
- Review your Care Plan often to make sure it is helping you.
- Act to protect you from harm and help to keep you safe in the community.

Find out about our learning disability nurses and how we can help with your health at www.hertfordshire.gov.uk/LDmyhealth



Contact us:

0300 123 4042

Monday – Friday



to



March 2019

Design ref: 084521

For more information about Adult Disability Services contact www.hertfordshire.gov.uk/contact or call HertsHelp on 0300 123 4044 or drop into your local library.

Community Learning Disability Nursing Service

Part of
Adult Disability Services



www.hertfordshire.gov.uk



eQUALITY

for people with learning disabilities



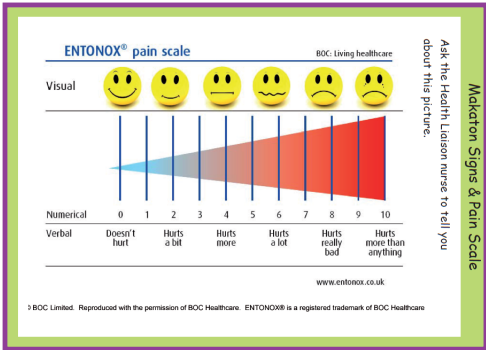
The Community Learning Disability Nursing Service can:



Work with you to help you make individual choices about your health and wellbeing.



Help you with any health problems you may have by working with you and the people that support you. This will help you understand your health problems and get treated equally.



Help you to communicate your health needs through pictures and symbols



Work with health professionals [eg Doctors] to help them to make the right reasonable adjustments for you.



Help make sure that the right health services are working with you.



Support you with your mental wellbeing



Advise and help you with your medication



The purple folder is a way of keeping all your health information together. It will help health professionals to be able to understand how best to treat you. If you would like a Purple Folder.

01438 843848

REASONABLE ADJUSTMENTS means making changes and doing things differently to help meet the persons needs.

TEACH is a way of remembering what sort of reasonable adjustments can be made

T is for Time

E is for Environment

A is for Attitude

C is for Communication

H is for Help