Pathway to Completing Learning Disability Annual Health Checks

during COVID 19 pandemic

In order to reduce the risk of increased unnecessary deaths in people with learning disabilities during the Covid 19 Pandemic a Phased Annual Health Check can be carried out.

This should include:-

1. **Pre-Annual Health Check Carer Preparation Tool** – to be completed in advance by the patient/carer/family member and returned to the practice. The clinician can review the preparation tool to establish the key areas of health that may require additional focus (both medically and educationally for the patient and carers). Carer Prep and Easy Read Tool are at <https://www.hertfordshire.gov.uk/services/adult-social-services/disability/learning-disabilities/my-health/annual-health-checks.aspx> If the patient/carer does not have access to the internet send out a printed copy of the carer’s preparation tool.  **IF THE PERSON HAS NO SUITABLE CARERS OR FAMILY YOU CAN SEEK LD NURSING SUPPORT**
2. **Identify access to technology/video consultation** **and capacity for** **video consultation**. If felt this is not suitable schedule Face to Face AHC when clinically appropriate.
3. **Phase 1** – **Virtual Annual Health Check** – focus on the key areas identified from the Preparation Tool and any concerns from the patient/carer/family member. The **Annual** **Health Check Action Plan must be completed, stating when physical assessments can take place via face to face consultation** (document when and where these should be done and who is responsible for booking these). The Health Check Action Plan should also have **additional educational/health monitoring actions for the patient and carers to act on** [referencing the LDMYHEALTH web page information].
4. **Phase 2** – **Face to face Assessment** – This should be completed when agreed appropriate, as per the Virtual Annual Health Check. If Triggers are identified (which may include symptoms or unsure of capacity to decide about treatment) this may be a Priority F2F, Routine if felt safe to continue with F2F or Delayed if no triggers are identified and the risk is felt to be greater.  ​**Try and co-ordinate all F2F assessments to be completed during 1 visit to the practice.**

Learning Disability Annual Health Checks – Guidelines during COVID-19

**PHASE 1 – VIRTUAL CONSULTATION OCCURS USING**

1. INFO ON CARER PREP TOOL 2.SERVICE USER EASYREAD TOOL 3. DISCUSSION WITH SERVICE USER AND CARER 4 VISUAL CHECKS VIA VIDEO CALL. **[Following the MCA Video consultation guide]**

**Request the carer prep tool is returned to the practice. Review the tool to help prioritise your focus during the AHC on identified or unaddressed health issues.**

**SCHEDULE A VIDEO CONSULTATION OR Telephone if Video isn’t feasible. [Follow MCA to Video consultation guide provided]**

**IF THE PERSON HAS NO SUITABLE CARERS OR FAMILY YOU CAN SEEK LD NURSING SUPPORT**

* **Consider how you want to stage your AHC invites. You may wish to target first those that are currently overdue, those with multiple comorbidities or those who have had recent admissions.**
* **SEND OUT EASYREAD LETTER [see attached] EXPLAINING THE NEW PROCESS OR TELEPHONE TO EXPLAIN THE PROCESS. [The need to prepare using the Carers Preparation tool and the easyread prep tool is referenced in the template letter]**
* **SEND OUT EASYREAD ON IMPORTANCE OF LOOKING AFTER YOUR HEALTH DURING COVID 19. [‘Check it out’]**
* **Send out carer guide to checking if the person has the capacity to understand the concept of consultation via video link**

TRIGGERS FOUND DURING CONSULTATION ?

**COMPLETE HEALTH CHECK ACTION PLAN AND SEND THIS TO THEM. ENSURE THE ACTION PLAN has specific, time frames actions with a named person/ service accountable for each action**

1. DIRECTS THEM TO BOOK AN APPOINTMNET WHEN AGREED APPROPRIATE FOR PHYSICAL EXAMINATIONS AND ANY BLOODS ETC
2. DIRECTS THEM TO THE LDMYHEALTH WEB PAGES FOR KEY HEALTH SELF MONITORING GUIDES EG BREAST, TESTICLES, CONSTIPATION & URINE
3. DIRECTS THEM TO THE EASYREAD ‘CHECK IT OUT’

**YES**

**NO**

**ROUTINE PHASE 2**

Arrange FACE TO FACE to complete Clinical actions on action plan ONLY IF FELT ABLE TO DELIVER THIS SAFELY

**CLAIM ONCE COMPLETE**

**If the risks outweigh the benefits of completing clinical actions at present go to Delayed Phase 2**

**ROUTINE PHASE 2**

Arrange FACE TO FACE to complete Clinical actions on action plan ONLY IF FELT ABLE TO DELIVER THIS SAFELY

**CLAIM ONCE COMPLETE**

**If the risks outweigh the benefits of completing clinical actions at present go to Delayed Phase 2**

**DELAYED PHASE 2**

SCHEDULE FACE TO FACE REVIEW WHEN AGREED APPROPIATE AT A LATER DATE

**A DETAILED, TIME FRAMED ACTION PLAN MUST BE COMPLETE with a named person / service accountable for each action**

**ROUTINE PHASE 2**

Arrange FACE TO FACE to complete Clinical actions on action plan ONLY IF FELT ABLE TO DELIVER THIS SAFELY

**CLAIM ONCE COMPLETE**

**If the risks outweigh the benefits of completing clinical actions at present go to Delayed Phase 2**

**PRIORITY PHASE 2**

ARRANGE FACE TO FACE REVIEW TO SUPPORT INVESTIGATION OF IDENTIFIED HEALTH CONCERN IN LINE WITH PRIORITY, SEVERITY AND ISSUE. **CLAIM ONCE COMPLETE**