Reluctance to accept blood taking or injections



Historically, have you had the capacity to understand the reasons bloods need to be taken/injections need to be given, and the risks to your health of not having them?:

(Please give some examples from the past of the level of understanding you had for the REASONS for a blood test/injection and risks of not having it.)

If you have historically *had capacity* to decide to have blood tests/ injections, what were the best ways to support you to have these?:

(e.g. playing music, distraction, specific venue, specific person, shielding so you can't see, gentle holding or sedation etc)

If historically you *did not have capacity* and a *best* interest decision was made on your behalf with injections/blood tests, what were the least restrictive methods for achieving these?:

(e.g. playing music, distraction, specific venue, specific person, shielding so you can't see, gentle holding or sedation etc)