## Work >>> Solutions

# Work Solutions – help to find a job if you have a learning difficulty or disability.

#### How can we help?

You can come to our 5 week course for 2 hours each week, which looks at everything you need to get you ready to look for a job.

#### When you finish the course we can:

Give you an employment adviser to help you look for and get the right job.

Find out what you are good at by trying out different jobs.

Help you write a cv.

Look for a job you want and can do well.



Talk to employers about your skills

#### and the support you may need



Help you fill in application forms.



Help you practice for interviews.

Go with you and support you at interviews.



Check your benefits are ok before you are in work and after.

Help train you to do the job and settle in with your employer and the people you work with.

Help you with any problems you may have at work for as long as you need us.

### If you want to know more:



You can email your nearest office

**Stevenage:**worksolutionseast@hertfordshire.gov.uk

**Hemel Hempstead**:worksolutionswest@hertfords
hire.gov.uk



You can telephone your nearest office yourself or ask your carer or social worker to talk to us for you.

Stevenage: 01438 844911

Hemel Hempstead: 01442 454464



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