

Interested?

Mentoring is
available to 11-19 year olds
across Hertfordshire in year
7 and up

(up to 25 years for young people with
learning difficulties and/or disabilities)

Contact the mentoring
team to find out more:

01992 588 796

mentoringmailbox@hertfordshire.gov.uk



MENTORING AND
BEFRIENDING
Approved Provider
Standard

NCS

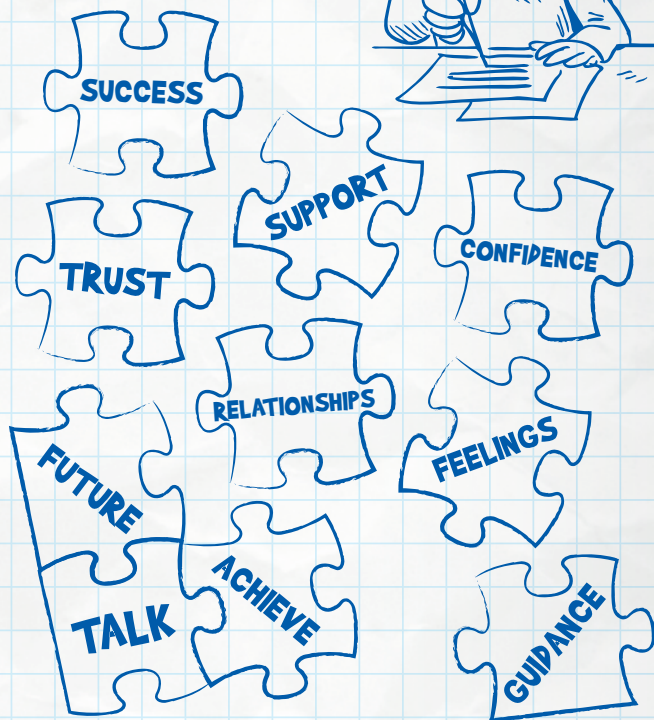
Would you like
to have a.....

MENTOR?



A mentor is someone you can trust, who volunteers their time to spend 1 hour a week with you to talk about anything you have on your mind or need help with.

We will choose a mentor for you who best suits your personality. They can be there for support or just someone to talk to. Meetings would be at a time convenient to you and your mentor and at a place where you feel comfortable... maybe a cafe or library.



It may take a few meetings before you feel comfortable with your mentor but the aim is to develop an open and honest relationship. You need to be committed to giving it a go.