

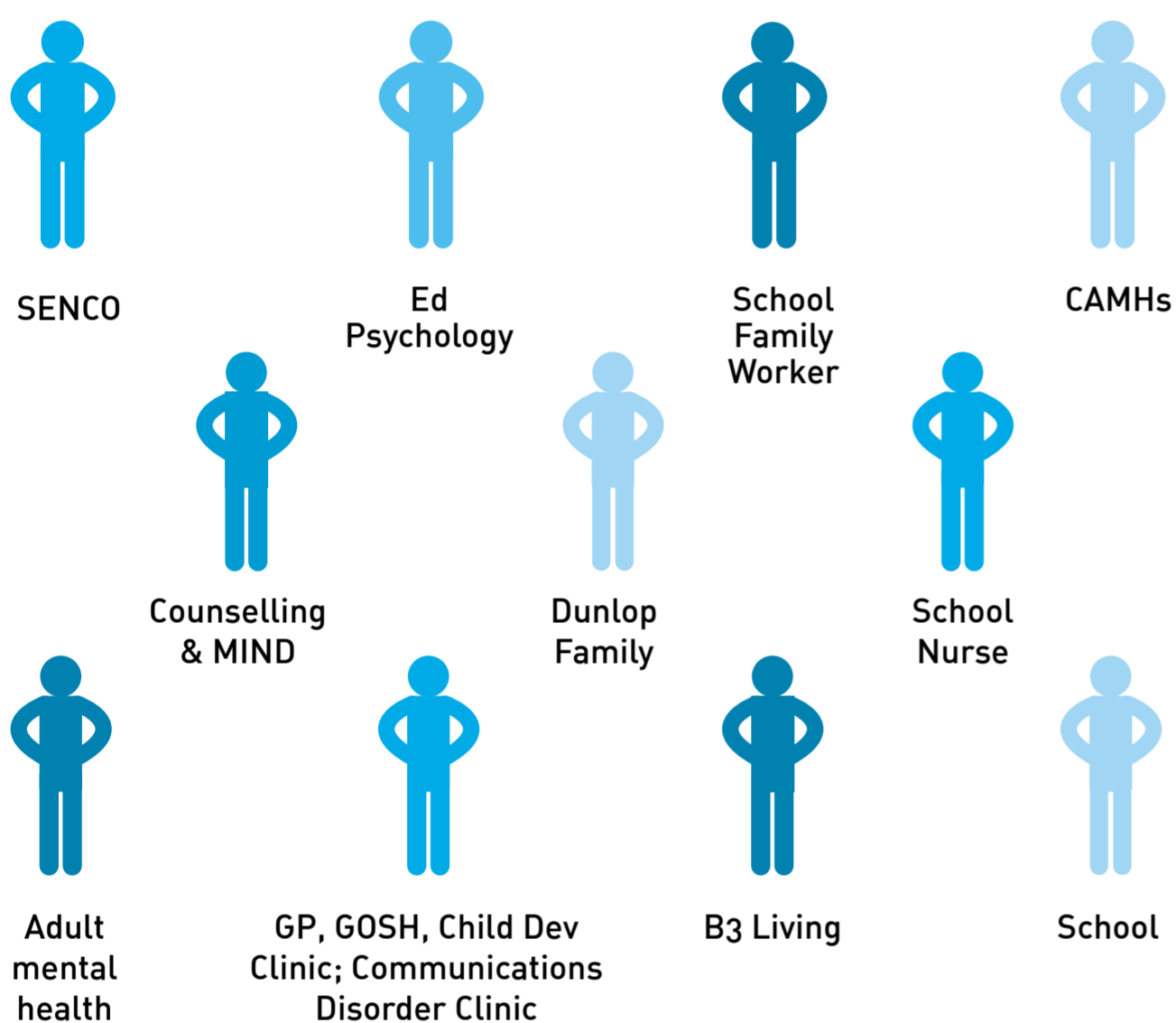
Dunlop Family

A bit about the Dunlop family

Mr and Mrs Dunlop have two children aged 13 and 3. The oldest child, D Junior, has delayed growth and emotional development, so he struggles to process things easily. He was demonstrating challenging behaviour at home and school, and also has anger management issues and was at risk of exclusion. Mum has mental health issues, severe anxiety and diagnosed OCD. The Dunlop family had housing issues too and Mum and Dad's relationship was at risk of breakdown, which did not help things at home. The family was supported through a Family CAF led by the School Family Worker, in a Local School Partnership.

Anonymised case study - Lead Practitioner,
a School Family Worker

My Support



What went well



- Oldest child has shown significant improvement in his behaviour at home and school.
- Oldest child is accessing learning more consistently.
- Oldest child is being assessed for communication disorders and further testing relating to growth and development.
- Housing issue has been dealt with and resolved.
- Mum and Dad's relationship has improved.
- Mum has returned to work part-time within the family.
- Family engaged fully in the CAF and TAF process, and with support put in place.

The Dunlop Family Plan

- The assessment highlighted areas of needs and the following support was put in place through team around the family.
- 1:1 Protective Behaviour and anger management work with oldest child in school.
- Home visits by School Family Worker.
- Mum and Dad attended parenting courses.
- Work with Ed Psych, CAMHs and SENCO to put in place support for oldest child.
- Mum received support from Adult Mental Health and MIND.
- Mum and Dad were referred to relationship counselling which they took up.
- Supported Mum to return to work.
- Worked with Housing to address issues with damp, mould, noise and anti-social behaviour at the property.
- Promoted use of positive parenting strategies by parents.
- Provided information on a range of services that family can access at universal level.

Impact of Intervention

The family felt supported and were able to identify the key areas for development. The oldest child was given opportunity and space to communicate his thoughts and feelings about home and school, which informed the support put in place for him.

Mum feels less anxious and more in control and said she felt there was light at the end of the tunnel.

Oldest child said he felt heard and acknowledged that he was not managing his emotions effectively and wanted support for this. The family are much happier and more settled in their home.

Mum is less anxious and is receiving ongoing emotional support. Mum and Dad are working together to parent more positively and the oldest child is no longer at risk of exclusion – much happier and more settled both at home and at school. Mum has recently returned to work part-time.