



## Foster Carer & Shared Carer

Learning & Development Programme 2025-26

Bookings are to be made through iLearn.

For enquiries, please contact [CSTraining@hertfordshire.gov.uk](mailto:CSTraining@hertfordshire.gov.uk)

# Carers Training Curriculum

Please see the table below to see Carers Training Curriculum which you need to complete as part of your commitment to being a Carer for Hertfordshire Children's Services. You will be able to identify any curriculum training which is outstanding by logging on to your iLearn account.

Here is a link to a video that shows you how to access the program - - [Foster Carer Curriculum - how to access your programme - YouTube](#)

Course Name	Duration	Renewal Period	Delivery Method	Main Carer	Secondary Care
Bronze Level - To be completed before Carer goes to Panel					
Safeguarding for Child Protection	40 mins	None	iLearn Module	Mandatory	Mandatory
Prevent	30 mins	None	iLearn Module	Mandatory	Mandatory
Delegated Authority	40 mins	None	iLearn Module	Mandatory	Mandatory
Record Keeping	40 mins	None	iLearn Module	Mandatory	Mandatory
Diversity and Inclusion	40 mins	None	iLearn Module	Mandatory	Mandatory
Mental Health Lite Bite: Spot the Signs - Youth Suicide Prevention	90 mins	None	Virtual Classroom	Mandatory	Mandatory
Silver Level - To be completed as soon as possible but within 6 months of Approval at the latest					
Basic First Aid for Child Care	5 hours	3 years	Classroom	Mandatory	Mandatory
Safeguarding for Carers	2 hours	3 years	Virtual Classroom	Mandatory	Mandatory
Safer Caring	3 hours	None	Virtual Classroom	Mandatory	Mandatory
Gold Level - To be completed within 12 months of Approval at the latest					
ARC for Foster Carers	4 hours x 4	None	Virtual Classroom	Mandatory	Mandatory
Foetal Alcohol Spectrum Disorder	2 Hours	None	Virtual Classroom	Mandatory	Mandatory

All courses can be booked via your iLearn account. For help and support with accessing your iLearn account please contact [ilearn@hertfordshire.gov.uk](mailto:ilearn@hertfordshire.gov.uk).

# Mental Health Lite Bite: Spot the Signs – Youth Suicide Prevention

[Course: Mental Health Light Bites: Spot the Signs – Youth Suicide Prevention \(learningpool.com\)](https://learningpool.com)

## Mandatory for all Carers

The purpose of this session is to increase attendees' knowledge and awareness about youth suicide. We will explore information about which groups of young people are most at risk and why, protective factors and increase confidence to use practical strategies to identify and respond to signs of risk in young people. Attendees will be provided with the latest information and statistics relating to suicide in young people. We will also explore the effects of media and contagion on youth suicide, with the internet having an important contemporary role.

Date	Time	Venue
24 <sup>th</sup> March 2025	10:00-11:30	MS Teams
29 <sup>th</sup> April 2025	09.30 -11:00	MS Teams
17 <sup>th</sup> May 2025(Saturday)	10:00-11:30	MS Teams
22 <sup>nd</sup> May 2025	09.30 -11:00	MS Teams
19 <sup>th</sup> June 2025	09.30 -11:00	MS Teams
23 <sup>rd</sup> September 2025	09.30 -11:00	MS Teams
16 <sup>th</sup> October 2025	09.30 -11:00	MS Teams
18 <sup>th</sup> October 2025(Saturday)	10:00-11:30	MS Teams
20 <sup>th</sup> November 2025	09.30 -11:00	MS Teams

# Basic First Aid for Childcare

[Course: Basic First Aid for Childcare \(learningpool.com\)](https://learningpool.com)

## **Mandatory for ALL Foster Carers, to be renewed every 3 years**

This course will enable you to carry out a primary survey of the incident. You will be shown how to place someone in the recovery position and administer CPR. You will be taught how to recognise and treat bleeding and shock; bone, joint and muscle injuries; choking, asthma and hyperventilation; and burns.

Date	Time	Venue
29 <sup>th</sup> March 2025(Saturday)	09:30-14:30	Hertfordshire Development Centre, Stevenage
23 <sup>rd</sup> April 2025	09:30-14:30	Hertfordshire Development Centre, Stevenage
10 <sup>th</sup> May 2025(Saturday)	09:30-14:30	Hertfordshire Development Centre, Stevenage
4 <sup>th</sup> June 2025	09:30-14:30	Hertfordshire Development Centre, Stevenage
7 <sup>th</sup> June 2025(Saturday)	09:30-14:30	Hertfordshire Development Centre, Stevenage
11 <sup>th</sup> July 2025	09:30-14:30	Hertfordshire Development Centre, Stevenage
27 <sup>th</sup> September 2025(Saturday)	09:30-14:30	Hertfordshire Development Centre, Stevenage
6 <sup>th</sup> October 2025	09:30-14:30	Hertfordshire Development Centre, Stevenage
6 <sup>th</sup> November 2025	09:30-14:30	Hertfordshire Development Centre, Stevenage
11 <sup>th</sup> December 2025	09:30-14:30	Hertfordshire Development Centre, Stevenage
14 <sup>th</sup> January 2026	09:30-14:30	Hertfordshire Development Centre, Stevenage
5 <sup>th</sup> February 2026	09:30-14:30	Hertfordshire Development Centre, Stevenage
21 <sup>st</sup> February 2026(Saturday)	09:30-14:30	Hertfordshire Development Centre, Stevenage
23 <sup>rd</sup> March 2026	09:30-14:30	Hertfordshire Development Centre, Stevenage

# Safer Caring

[Course: Safer Caring \(learningpool.com\)](https://learningpool.com)

## **Mandatory for ALL Foster Carers**

This course aims to provide you with the knowledge to keep both yourself as a Foster Carer, and your foster children safe. You will gain an understanding of the need for safer caring guidelines and procedures and what these mean for you. You will be shown how to recognise risky situations and how to manage these with agreed strategies. You will be supported to know how and why you need to create and update a family safer caring plan and learn how to develop good partnership relationships with everyone involved in the care of the foster child.

Important note: Before you attend the workshop session, you'll need a copy of the Herts Safer Caring Workbook and the Herts Safer Caring preparation work. These are available on the course page

[Herts Safer Caring preparation work](#)

[Herts Safer Caring Workbook 2023](#)

Date	Time	Venue
1 <sup>st</sup> April 2025	18:00-21:00	MS Teams
23 <sup>rd</sup> May 2025	10:00-13:00	MS Teams
9 <sup>th</sup> July 2025	10:00-13:00	MS Teams
13 <sup>th</sup> September 2025 (Sign-ups will be opened closer to the course date)	10:00-13:00	MS Teams
4 <sup>th</sup> December 2025 (Sign-ups will be opened closer to the course date)	10:00-13:00	MS Teams
17 <sup>th</sup> January 2026 (Sign-ups will be opened closer to the course date)	10:00-13:00	MS Teams
10 <sup>th</sup> March 2026 (Sign-ups will be opened closer to the course date)	10:00-13:00	MS Teams

# Safeguarding for Foster Carers

[Course: Safeguarding for Foster Carers \(learningpool.com\)](https://learningpool.com)

## **Mandatory for ALL Foster Carers to be renewed every 3 years**

This course will provide you with an understanding of the key safeguarding issues and legislation regarding a looked after child and how to promote safe practice in the workplace. You will Understand concepts of Safeguarding & Child Protection, how they relate to role with children looked after and your responsibilities for safeguarding children in your care. You will be able to recognise and respond to concerns in a timely and appropriate way and understand how to share information appropriate with other professionals involved with the care of the child.

## **This training is split into two parts:**

1. Complete the Safeguarding and Child Protection iLearn module (this only needs to be completed once).
2. Attend a 2-hour classroom session (dates below)

Date	Time	Venue
19 <sup>th</sup> March 2025	9-30 – 11-30	Zoom
26 <sup>th</sup> April 2025	10:00-12:00	MS Teams
18 <sup>th</sup> June 2025	10:00-12:00	MS Teams
16 <sup>th</sup> September 2025	10:00-12:00	MS Teams
8 <sup>th</sup> November 2025	10:00-12:00	MS Teams
22 <sup>nd</sup> January 2026	10:00-12:00	MS Teams
12 <sup>th</sup> March 2026	10:00-12:00	MS Teams

# ARC for Foster Carers

[Course: ARC for Foster Carers \(learningpool.com\)](https://learningpool.com)

## Mandatory for ALL Foster Carers

This training is delivered in four parts, looking first at our shared understanding of attachment theory and what is understood as “developmental trauma”. The next three training sessions focus on the three tiers of the theory itself, understanding approaches and interventions crucial to supporting children’s attachments, ways of teaching and supporting self-regulation, before helping children and young people develop the mastery, they need to be competent in essential areas of human functioning.

**You need to attend all 4 sessions to be considered to have completed this course.** If you have attended a previous cohort but did not complete all sessions, please contact [cstraining@hertfordshire.gov.uk](mailto:cstraining@hertfordshire.gov.uk) and we can book you on the missing sessions.

Date	Time	Venue
<b>March Cohort 2025 - Saturday</b> 22 <sup>nd</sup> March 2025 29 <sup>th</sup> March 2025	9:30-16:30	Rainbow House, St Albans
<b>April/May Cohort 2025 – Tuesdays</b> 29 <sup>th</sup> April 2025 6 <sup>th</sup> May 2025 13 <sup>th</sup> May 2025 20 <sup>th</sup> May 2025	09.30-13.30	MS Teams
<b>June Cohort 2025– Mondays</b> 2 <sup>nd</sup> June 2025 9 <sup>th</sup> June 2025 23 <sup>rd</sup> June 2025 30 <sup>th</sup> June 2025	09.30-13.30	MS Teams

<b>Sept/Oct Cohort 2025 - Fridays</b> <b>19th September 2025</b> 26th September 2025 <b>3rd October 2025</b> 10th October 2025	9:30-13:30	HDC, Stevenage
<b>November Cohort 2025 – Saturdays</b> 8 <sup>th</sup> November 2025 15 <sup>th</sup> November 2025	9:30-16:30	HDC, Stevenage

# Foetal Alcohol Spectrum Disorders (FASD)

[Course: Foetal Alcohol Spectrum Disorders \(FASD\) \(learningpool.com\)](https://learningpool.com)

## **Mandatory for all Carers**

This course has been designed to support carers in developing their understanding of fostering babies, children and young people with Foetal Alcohol Spectrum Disorder (FASD) and to increase their awareness of recognising signs of FASD along with techniques on how to support behaviours this may present with in a child.

Date	Time	Venue
28 <sup>th</sup> April 2025	10:00-12:00	MS Teams
20 <sup>th</sup> May 2025	19:00-21:00	MS Teams
19 <sup>th</sup> June 2025	11:00-13:00	HDC, Stevenage

# ARC Trauma Informed Practice Workshops

## Course: ARC Trauma Informed Practice Workshops

These workshops will focus on different topics which will embed trauma awareness in fostering and with the network working with the child, refresh learning from ARC training and reflect on practice and case discussions

Date	Time	Venue
<b>19 March 2025</b> Identity	10:00-12:00	MS Teams
<b>30 April 2025</b> Caring for Under 5's	10:00-12:00	MS Teams
<b>28 May 2025</b> Teen Brain	10:00-12:00	MS Teams
<b>25 June 2025</b> Active Listening	10:00-12:00	MS Teams
<b>24 September 2025</b> Self-care	10:00-12:00	MS Teams
<b>15 October 2025</b> Shame and Guilt	10:00-12:00	MS Teams
<b>26 November 2025</b> Navigating Christmas	10:00-12:00	MS Teams

# Children's Service Learning and Development iLearn

iLearn is Hertfordshire County Council's online learning resource which you have been set up with your own individual account.

For further information and login details please email: **[cstraining@hertfordshire.gov.uk](mailto:cstraining@hertfordshire.gov.uk)**

In additional to the mandatory training detailed above, the following iLearn modules must also be completed:

- **Prevent**
- **Diversity & Inclusion**
- **Delegated Authority**
- **Record Keeping**

## Other Helpful Digital Resources

### [Community Care Inform](#)

This a platform that provides the latest information in our sector. You can find quick guides, more in depth guides, knowledge, and practice hubs and much more research that you can refer to at any time. An activation link for CCI will have been sent to your Hertfordshire email addresses.

### [Research in Practice](#) (RiP)

Enables access the latest publications and briefings as well as useful frontline resources. To register for RiP, using Hertfordshire email address.