Foster Carer & Shared Carer

Learning & Development Programme 2023-2024

Bookings are to be made through iLearn.

For enquiries, please contact CSTraining@hertfordshire.gov.uk

Carers Training Curriculum

Please see the table below to see Carers Training Curriculum which you need to complete as part of your commitment to being a Carer for Hertfordshire Children's Services. You will be able to identify any curriculum training which is outstanding by logging on to your iLearn account.

Course Name	**Duration**	**Renewal Period**	**Delivery Method**	**Main Carer**	**Secondary Care**
Bronze Level - To be completed before Carer goes to Panel					
Safeguarding for Child Protection	40 mins	None	iLearn Module	Mandatory	Mandatory
Prevent	30 mins	None	iLearn Module	Mandatory	Mandatory
Delegated Authority	40 mins	None	iLearn Module	Mandatory	Mandatory
Record Keeping	40 mins	None	iLearn Module	Mandatory	Mandatory
Diversity and Inclusion	40 mins	None	iLearn Module	Mandatory	Mandatory
Mental Health Lite Bite: Spot the Signs - Youth Suicide Prevention	90 mins	None	Virtual Classroom	Mandatory	Mandatory
Silver Level - To be completed as soon as possible but within a maximum of 6 months of passing Panel					
Basic First Aid for Child Care	5 hours	3 years	Classroom	Mandatory	Mandatory
Safeguarding for Carers	2 hours	3 years	Virtual Classroom	Mandatory	Mandatory
Safer Caring	3 hours	None	Virtual Classroom	Mandatory	Mandatory
Gold Level - To be completed within 12 month of passing Panel					
ARC for Foster Carers	4 hours x 4	None	Virtual Classroom	Mandatory	Mandatory
Foetal Alcohol Spectrum Disorder	2 hours	None	Virtual Classroom	Mandatory	Mandatory

All courses can be booked via your iLearn account. For help and support with accessing your iLearn account please contact ilearn@hertfordshire.gov.uk.

Mental Health Lite Bite: Spot the Signs – Youth Suicide Prevention

Course: Mental Health Light Bites: Spot the Signs – Youth Suicide Prevention (learningpool.com)

Mandatory for all Carers

The purpose of this session is to increase attendees' knowledge and awareness about youth suicide. We will explore information about which groups of young people are most at risk and why, protective factors and increase confidence to use practical strategies to identify and respond to signs of risk in young people. Attendees will be provided with the latest information and statistics relating to suicide in young people. We will also explore the effects of media and contagion on youth suicide, with the internet having an important contemporary role.

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Date	Time	Venue
25th May 2023	10:00-11:30	MS Teams
29th June 2023	13:00-14:30	MS Teams

Basic First Aid for Childcare

Course: Basic First Aid for Childcare (learningpool.com)

Mandatory for ALL Foster Carers, to be renewed every 3 years

This course will enable you to carry out a primary survey of the incident. You will be shown how to place someone in the recovery position and administer CPR. You will be taught how to recognise and treat bleeding and shock; bone, joint and muscle injuries; chocking, asthma and hyperventilation; and burns.

Date	Time	Venue
11th May 2023	09:30-14:30	Fielder Centre, Hatfield
25th May 2023	09:30-14:30	Hertford Castle, Hertford
10th June 2023	09:30-14:30	Hertfordshire Development Centre, Stevenage
19th June 2023	09:30-14:30	Hertfordshire Development Centre, Stevenage
6th July 2023	09.30-14:30	Boxmoor, Hemel Hempstead
11th September 2023	09:30-14:30	Hertfordshire Development Centre, Stevenage
Saturday 21st October 2023	09:30-14:30	Hertford Castle, Hertford
10th November 2023	09.30-14:30	Hertfordshire Development Centre, Stevenage
4th December 2023	09:30-14:30	Fielder Centre, Hatfield
18th January 2024	09:30-14:30	Hertfordshire Development Centre, Stevenage
7th February 2024	09:30-14:30	Boxmoor, Hemel Hempstead
4th March 2024	09:30-14:30	Hertford Castle, Hertford

Safer Caring

Course: Safer Caring (learningpool.com)

Mandatory for ALL Foster Carers

This course aims to provide you with the knowledge to keep both yourself as a Foster Carer, and your foster children safe. You will gain an understanding of the need for safer caring guidelines and procedures and what these mean for you. You will be shown how to recognise risky situations and how to manage these with agreed strategies. You will be supported to know how and why you need to create and update a family safer caring plan and learn how to develop good partnership relationships with everyone involved in the care of the foster child.

Important note: Before you attend the workshop session you'll need a copy of the Herts Safer Caring Workbook and the Herts Safer Caring preparation work. We'll send you a copy of these, but you can also access them both via the link below.

Date	Time	Venue
6th July 2023	10:00-13:00	Zoom
3rd October 2023	18:00-21:00	Zoom
4th December 2023	10:00-13:00	Zoom
Saturday 3rd February 2024	10:00-13:00	Zoom
11th March 2024	10:00-13:00	Zoom

Safeguarding for Foster Carers

Course: Safeguarding for Foster Carers (learningpool.com)

Mandatory for ALL Foster Carers to be renewed every 3 years

This course will provide you with an understanding of the key safeguarding issues and legislation regarding a looked after child and how to promote safe practice in the workplace. You will Understand concepts of Safeguarding & Child Protection, how they relate to role with children looked after and your responsibilities for safeguarding children in your care. You will be able to recognise and respond to concerns in a timely and appropriate way and understand how to share information appropriate with other professionals involved with the care of the child.

This training is split into two parts:

1. Complete the Safeguarding and Child Protection iLearn module (this only needs to be completed once).

2. Attend a 2-hour classroom session (dates below)

Date	Time	Venue
Saturday 20th May 2023	09:30-11:30	Zoom
18th July 2023	12:30-14:30	Zoom
19th October 2023	18:00-20:00	Zoom
18th December 2023	09:30-11:30	Zoom
13th February 2024	12:30-14:30	Zoom
28th March 2024	09:30-11:30	Zoom

Foetal Alcohol Spectrum Disorders (FASD)

Course: Foetal Alcohol Spectrum Disorders (FASD) (learningpool.com)

Mandatory for all Carers

This course has been designed to support carers in developing their understanding of fostering babies, children and young people with Foetal Alcohol Spectrum Disorder (FASD) and to increase their awareness of recognising signs of FASD along with techniques on how to support behaviours this may present with in a child.

Date	Time	Venue
12th September 2023	13:00-15:00	MS Teams
15th November 2023	18:00-20:00	MS Teams

ARC for Foster Carers

Course: ARC for Foster Carers (learningpool.com)

Mandatory for Main Carer

This training is delivered in four parts, looking first at our shared understanding of attachment theory and what is understood as "developmental trauma". The next three training sessions focus on the three tiers of the theory itself, understanding approaches and interventions crucial to supporting children's attachments, ways of teaching and supporting self-regulation, before helping children and young people develop the mastery, they need to be competent in essential areas of human functioning.

You need to attend all 4 sessions to be considered to have completed this course. If you have attended a previous cohort but did not compete all sessions, please contact cstraining@hertfordshire.gov.uk and we can book you on the missing sessions.

Date	Time	Venue
3rd May Session 1 10th May Session 2 17th May Session 3 24th May Session 4	09:30-13:30	MS Teams
16th June Session 1 23rd June Session 1 29th June Session 3 7th July Session 4	09:30-13:30	MS Teams
27th September Session 1	09:30-13:30	MS Teams

4th October Session 2 11th October Session 3 18th October Session 4		
6th November Session 1 13th November Session 2 20th November Session 3 27th November Session 4	09:30-13:30	MS Teams
30th September 2023 – Session 1+2 7 October 2023 – Session 3+4	09-30 – 16:00	Hertfordshire Development Centre, Stevenage

Men in Fostering

Course: Men in Fostering (learningpool.com)

This course explores the challenges that men in a care role can often face, but also the value they can bring when looking after young people. This, like all our online courses, has been devised by sector professionals and meets all standards set by Ofsted, including up-to-date legislation.

Date	Time	Venue
6th June 2023	10:00-13:30	Zoom
Saturday 25th November 2023	15:00-18:30	Zoom
25th January 2024	10:00-13:30	Zoom

ARC Workshops

Course: ARC Workshops for Foster Carers (learningpool.com)

These workshops will focus on different topics which will embed trauma awareness in fostering and with the network working with the child, refresh learning from ARC training and reflect on practice and case discussions

Date	Time	Venue
15th May Parenting a Child Affected by Parental Substance Misuse	10:00-11:30	MS Teams
19th June Managing Transitions with Virtual School	10:00-11:30	MS Teams
10th July Shame and Guilt	10:00-11:30	MS Teams
18th September Object Permanence	10:00-11:30	MS Teams
23rd October Survival	10:00-11:30	MS Teams
13th November Teen Brain	10:00-11:30	MS Teams
11th December Consequence	10:00-11:30	MS Teams

Moving and Handling

Course: Moving and Handling (learningpool.com)

This course will give you an understanding of the importance of working in a way to ensure your back is cared for. You will look at the risks of working at low levels and on the floor and consider potential solutions to minimise the risks with this. You will look at how you can support children with care needs and/or a disability whilst also supporting and encouraging independence.

You will have the opportunity to practice using a range of large and small handling equipment designed to aid transferring children and young people in line with current accepted good practice, as well as discussing and practicing a range of techniques and strategies for working with children and young people requiring assistance with mobility. There will be the opportunity to explore various unexpected situations and considered solutions to problems such as falling, and dealing with a fallen

Date	**Time**	**Venue**
6 July 2023	09:30-16:00	19A Hertford Street East, St Albans Road, Hatfield

Makaton Training

Course: Makaton for Carers (learningpool.com)

This Level 1 training will give you a practical introduction to the Makaton Language Programme.

You will have the opportunity to discuss commonly asked questions, gain hints and tips for effective signing and symbol use and how to start using Makaton in everyday situations at home or work.

You will learn the signs and symbols from Stages 1 and 2, and some of the Additional Stage signs, of the Core Vocabulary.

Date	**Time**	**Venue**
12 June 2023	09-00 – 17-00	Zoom
2 November 2023	09-00 – 17-00	Zoom

iLearn+

Children's Service Learning and Development iLearn

iLearn is Hertfordshire County Council's online learning resource which you have been set up with your own individual account.

For further information and login details please email: **cstraining@hertfordshire.gov.uk**

In additional to the mandatory training detailed above, the following iLearn modules must also be completed:

- **Prevent**
- **Diversity & Inclusion**
- **Delegated Authority**
- **Record Keeping**

Other Helpful Digital Resources

Community Care Inform

This a platform that provides the latest information in our sector. You can find quick guides, more in depth guides, knowledge, and practice hubs and much more research that you can refer to at any time. An activation link for CCI will have been sent to your Hertfordshire email addresses.

Research in Practice (RiP)

Enables access the latest publications and briefings as well as useful frontline resources. To register for RiP, using Hertfordshire email address.