

# Hertfordshire Health Walks

## Dacorum



### Timetable of walks September to December 2017

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and Meeting Point	Day / Time	Date	Information
<b>Gadebridge Park</b> Hemel Hempstead. The White Bridge by the public car park, Leighton Buzzard Road HP1 1AE	Mondays 10am	Every	
	Mondays 11.15am	Every	 Buggy friendly
<b>Warners End</b> Parkwood Doctors Surgery, Hemel Hempstead HP1 2LD	Tuesdays 10am	Every	
<b>Kings Langley</b> Car park by Cricket Pavilion on KL Common, Vicarage Lane, WD4 9HS	Alternate Tuesdays 10am	5, 19 Sep 3, 17, 31 Oct 14, 28 Nov 12 Dec	 Duration 1 hour
<b>Kings Langley</b> The Nap car park behind library, off A4251, WD4 8ET	Alternate Wednesdays 10am	13, 27 Sep 11, 25 Oct 8, 22 Nov 6, 20 Dec	 Duration 1 hour
<b>Potten End</b> The Green near the Village Hall, HP4 2QG	Alternate Wednesdays 10am	6, 20 Sep 4, 18 Oct 1, 15, 29 Nov 13, 27 Dec	
<b>Little Hay Golf Complex</b> , Box Lane, Bovington HP3 0XT	Wednesdays 1.30pm	Every	
<b>Berkhamsted</b> at public car park, Broadwater off Lower Kings Road, HP4 2AL (over canal footbridge opposite Waitrose)	Alternate Thursdays 10am	7, 21 Sep 5, 19 Oct 2, 16, 30 Nov 14, 28 Dec	
	Alternate Thursdays 11am		 arrive early for refreshments at the bowls club prior to walk
<b>Tring</b> Outside the Zoological Museum, Akeman Street, HP23 6AP	Alternate Thursdays 10am	14, 28 Sep 12, 26 Oct 9, 23 Nov 7, 21 Dec	
<b>Markyate</b> The Baptist Church garden, Buckwood Road, AL3 8JF	Fridays 10.30am	Every	 This is 75 mins
<b>Grovehill Open Spaces</b> Beside Tesco, Henry Wells Square, Aycliffe Drive, HP2 6BJ	Alternate Fridays 10am	8, 22 Sep 6, 20 Oct 3, 17 Nov 1, 15, 29 Dec	 This is a 1 hour walk
<b>Apsley</b> Hemel Hempstead. Canal side of Sainsburys' entrance, HP3 9QW	Alternate Fridays 10am	1, 15, 29 Sep 13, 27 Oct 10, 24 Nov 8, 22 Dec	
<b>Weekend walks</b> in various locations. Please see website for details.	Sundays 2pm	Sep to Dec (Every except 24th Dec)	

#### Walk Key:

Accessible by Public Transport

Refreshments available after walk

Wheelchair/buggy friendly



Type of walk - the walks cater for all abilities and are graded from 1st Steps (our easiest) to grade 4+ (most challenging). Further explanation is available on our website. You don't need special equipment - just some suitable shoes and waterproofs. We recommend you bring a bottle of water.

Website: [www.hertfordshire.gov.uk/healthwalks](http://www.hertfordshire.gov.uk/healthwalks)  
 Email: [healthwalks.cms@hertfordshire.gov.uk](mailto:healthwalks.cms@hertfordshire.gov.uk)



Telephone: 01992 588433  
 Dates exclude bank holidays