

Hertfordshire Health Walks

East Herts



Timetable of walks May to August 2017

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and meeting point	Day/time	Date	Information
Sele Farm & Panshanger Park Meet by bench near shops, corner of Fleming Crescent / Tudor Way, Hertford, SG14 2DJ	Mondays 10am	Every (except bank holidays)	
Sele Farm Meet by bench near shops, corner of Fleming Crescent / Tudor Way, Hertford, SG14 2DJ	Mondays 11.15am	Every (except bank holidays)	
Bengeo & Waterford Marsh Meet outside the shops on The Avenue, near the junction with Cowper Crescent, SG14 3DU	Tuesdays 10am	Every	
Hertford Bircherley Green Meet outside Bircherley Green and Bircherley Court (opposite bus station), off Railway Street, Hertford, SG14 1RL	Wednesday 10am	Every	
Hartham Common Meet at the bench near, Hartham Leisure Centre, Hartham Common, Hertford, SG14 1QR	Alternate Sundays 11am	May 14, 28 Jun 11, 25 Jul 9, 23 Aug 6, 20	
	Alternate Sundays 2pm	May 7, 21 June 4, 18 July 2, 16, 30 August 13, 27	
	Wednesdays 7pm	Every	
Ware Meet outside the front entrance of Wodson Park Leisure Centre, Wadesmill Road, Ware, SG12 0UQ	Alternate Fridays 10am	May 12, 26 June 9, 23 July 7, 21 August 4, 18	
Stanstead Abbots Meet at the Red Lion pub car park, 1 High Street, Stanstead Abbots, Hertfordshire, SG12 8AA	Alternate Fridays 10am	May 5, 19 June 2, 16, 30 July 14, 28 August 11, 25	 Pub facilities open at 12pm
Bishop's Stortford Southern Country Park Meet at the car park off Thorley Lane East, Bishop's Stortford, Grid ref TL476 193	Mondays 10am (includes bank holidays)	May 1, 8, 22, 29 June 5, 19 July 3, 17, 31 August 14, 28	

Walk Key:

Accessible by Public Transport

Refreshments available after walk

Wheelchair friendly



Type of walk - the walks cater for all abilities and are graded from 1st Steps (our easiest) to grade 4 (most challenging). Further explanation is available on our website. You don't need special equipment - just some suitable shoes and waterproofs. We recommend you bring a bottle of water.

Website: www.hertfordshire.gov.uk/healthwalks
Email: healthwalks.cms@hertfordshire.gov.uk



Telephone: 01992 588433
Dates exclude bank holidays