Hertfordshire Health Walks
Hertsmere

Countryside Management Service

Hertfordshire HHW Health Walks

Timetable of walks May to August 2017

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and Meeting Point	Day / Time	Date	Information
Borehamwood Meet at the main shopping park, outside Halfords and the doctor's surgery, WD6 4PR	Tuesdays 10.30am	Every	2-3
Borehamwood Meet outside Mirzan Restaurant 134 Aycliffe Road, Borehamwood, WD6 4DY	Wednesdays 10.30am	Every	1st STEPS 1 buggy friendly
Brookmans Park Meet at The Brookmans Pub, Bradmore Green, Brookmans Park, AL9 7QW	Thursdays 10.30am	Every	3-4
Bushey Meet at King George Café, King George Recreation Ground, King George Avenue, WD23 4NT	Thursdays 10.30am	Every	2 3
Radlett Meet at Aldenham Social Club, Church Lane, WD25 8AY	Fridays 10.30am	Every	3
Potters Bar Public car park, Oakmere Park, High Street, EN6 5AU	Mondays 11am	Every	1st STEPS buggy friendly
Potters Bar Meet inside Potters Bar train station, EN6 1AN	Mondays 10.30am	Every (except Bank Holidays)	1 3
	Wednesdays 10.30am	Every	2 3
	Saturdays 10.30am	Every	4

Walks exclude bank holidays except in Radlett

Walk Key:

Accessible by Public Transport

Refreshments available after walk

Wheelchair friendly

Type of walk - the walks cater for all abilities and are graded from 1st Steps (our easiest) to grade 4 (most challenging). Further explanation is available on our website. You don't need special equipment - just some suitable shoes and waterproofs. We recommend you bring a bottle of water.

Website: www.hertfordshire.gov.uk/healthwalks
Email: healthwalks.cms@hertfordshire.gov.uk

walking for health

Telephone: 01992 588433
Dates exclude bank holidays