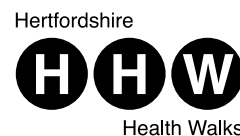


Hertfordshire Health Walks

Dacorum



Timetable of walks January to April 2017

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and meeting point	Day/time	Date	Information
Gadebridge Park Hemel Hempstead The White Bridge by the public car park, Leighton Buzzard Road, HP1 1AE	Mondays 10am	Every	
	Mondays 11.15am	Every	
Kings Langley Car park by Cricket Pavilion on KL Common, Vicarage Lane, WD4 9HS	Alternate Tuesdays 10am	Jan 10, 24 Feb 7, 21 Mar 7, 21 Apr 4, 18	
Kings Langley The Nap car park behind library, off A4251, WD4 8ET	Alternate Wednesdays 10am	Jan 4, 18 Feb 1, 15 Mar 1, 15, 29 Apr 12, 26	
Potten End The Green near the Village Hall, HP4 2QG	Alternate Wednesdays 10am	Jan 11, 25 Feb 8, 22 Mar 8, 22 Apr 5, 19	
Little Hay Golf Complex, Bovingdon Box Lane, HP3 0DT	Wednesdays 1.30pm	Every	
Berkhamsted at public car park, Broadwater off Lower Kings Road, HP4 2AL (over canal footbridge opposite Waitrose)	Alternate Thursdays 10am	Jan 12, 26 Feb 9, 23 Mar 9, 23 Apr 6, 20	
Tring Outside the Zoological Museum, Akeman Street, HP23 6AP	Alternate Thursdays 10am	Jan 5, 19 Feb 2, 16 Mar 2, 16, 30 Apr 13, 27	
Markyate The Baptist Church garden, Buckwood Road, AL3 8JF	Fridays 10.30am	Every	This is 75 mins
Grovehill Open Spaces Beside Tesco, Henry Wells Square, Aycliffe Drive, HP2 6BJ	Alternate Fridays 10am	Jan 13, 27 Feb 10, 24 Mar 10, 24 Apr 7, 21	This is a 1 hour walk
Apsley Hemel Hempstead. Canal side of Sainsburys' entrance, HP3 9QW	Alternate Fridays 10am	Jan 6, 20 Feb 3, 17 Mar 3, 17, 31 Apr 28	
Weekend walks in various locations Please see website for details.	Sundays 2pm	Jan to Apr (Every including bank holidays)	

Dates exclude bank holidays unless otherwise stated

Walk Key:

Accessible by Public Transport

Refreshments available after walk

Wheelchair friendly



Type of walk - the walks cater for all abilities and are graded from 1st Steps (our easiest) to grade 4 (most challenging). Further explanation is available on our website. You don't need special equipment - just some suitable shoes and waterproofs. We recommend you bring a bottle of water.



Website: www.hertfordshirehealthwalks.org
Email: healthwalks.cms@hertfordshire.gov.uk

Telephone: 01992 588433
Dates exclude bank holidays