

Hertfordshire Health Walks

East Herts



Timetable of walks January to April 2017

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and Meeting Point	Day / Time	Date	Information
Sele Farm & Panshanger Park Meet by bench near shops, corner of Fleming Crescent / Tudor Way, Hertford, SG14 2DJ	Mondays 10am	Every (except Jan 2 and April 17)	
Sele Farm Meet by bench near shops, corner of Fleming Crescent / Tudor Way, Hertford, SG14 2DJ	Mondays 11.15am	Every (except Jan 2 and April 17)	
Bengeo & Waterford Marsh Meet outside the shops on The Avenue, near the junction with Cowper Crescent, SG14 3DU	Tuesdays 10am	Every	
Hertford Bircherley Green Meet outside Bircherley Court (opposite bus station), off Railway Street, Hertford, SG14 1RL	Wednesday 10am	Every	
Hartham Common Meet at the bench near, Hartham Leisure Centre, Hartham Common, Hertford, SG14 1QR	Alternate Sundays 11am	Jan 8, 22 Feb 5, 19 Mar 5, 19 Apr 2, 30 (no walk on Easter Sunday)	
	Alternate Sundays 2pm	Jan 15, 29 Feb 12, 26 Mar 12, 26 Apr 9, 23 (no walk on New Year's Day)	
Ware Meet outside the front entrance of Wodson Park Leisure Centre, Wadesmill Road, Ware, SG12 0UQ	Alternate Fridays 10am	Jan 6, 20 Feb 3, 17 Mar 3, 17, 31 Apr 28 (no walk on Good Friday)	
Stanstead Abbots Meet in the Red Lion pub car park, 1 High Street, Stanstead Abbots, Hertfordshire, SG12 8AA	Alternate Fridays 10am	Jan 13, 27 Feb 10, 24 Mar 10, 24 Apr 7, 21	 Pub facilities open at 12pm
Bishop's Stortford Southern Country Park Meet at the car park off Thorley Lane East, Bishop's Stortford, Grid ref TL476 193	Alternate Mondays 10am	Jan 2, 16, 30 Feb 13, 27 Mar 13, 27 Apr 10, 17, 24 (includes bank holidays)	

Accessible by Public Transport

Refreshments available after walk

Wheelchair friendly



Type of walk - the walks cater for all abilities and are graded from 1st Steps (our easiest) to grade 4 (most challenging). Further explanation is available on our website. You don't need special equipment - just some suitable shoes and waterproofs. We recommend you bring a bottle of water.

Website: www.hertfordshirehealthwalks.org
Email: healthwalks.cms@hertfordshire.gov.uk



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