

Hertfordshire Health Walks

North Herts January to April 2017



Hertfordshire



Health Walks

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and meeting point	Day/time	Date	Information
Three Magnets PH Leys Avenue, Letchworth, SG6 1EW	Mondays 10.30am	Every	
The Orange Tree PH Stevenage Road, Hitchin, SG4 9DR Meet in the back car park	Alternate Mondays 10.30am	Jan 9, 23 Feb 6, 20 Mar 6, 20 Apr 3, 17	
Knebworth Sports Pavillion, Knebworth Recreation Ground, SG3 6AH (access by vehicle via Watton Road, or on foot via Stevenage Road)	Alternate Tuesdays 10.30am	Jan 3, 17, 31 Feb 14, 28 Mar 14, 28 April 11, 25	
Three Horseshoes PH Norton, SG6 1AG	First and third Tuesday 10.30am	Jan 3, 17 Feb 7, 21 Mar 7, 21 Apr 4, 18	
Millstream PH Cambridge Road, Hitchin, SG4 0JH	First and third Tuesday 11am	Jan 3, 17 Feb 7, 21 Mar 7, 21 Apr 4, 18	
Standalone Farm Wilbury Road, Letchworth, SG6 4JN Meet in the first car park	Second and fourth Tuesday 10.30am	Jan 10, 24 Feb 14, 28 Mar 14, 28 Apr 11, 25	
Three Moorhens PH Hitchin Hill, Hitchin, SG4 9AJ Meet in the top car park	Tuesdays 2.00pm	Every	
St George's Church Hall Common View, Letchworth, SG6 1DD Meet in car park	Wednesdays 10am	Every	
Three Moorhens PH Hitchin Hill, Hitchin, SG4 9AJ Meet in the top car park	Alternate Thursdays 11am	Jan 12, 26 Feb 9, 23 Mar 9, 23 Apr 6, 20	
Highlander PH Upper Tilehouse Street, Hitchin, SG5 2EF	Fridays 10.30am	Every	
The Plume of Feathers PH Chambers Lane, Ickleford SG5 3YD	Monthly Saturday 10am	Jan 21 Feb 18 Mar 18 Apr 15	
The Fox PH Willian, SG6 2AE	Monthly Saturday 10am	Jan 28 Feb 25 Mar 25 Apr 22	
Site of the former Windmill PH Charlton, SG5 2AE	Mondays 10.30am	Jan 2, 16, 30 Feb 13, 27 Mar 13, 27 Apr 10, 24	At least 2 hours, 5+ miles
Weston Hills Meet at the junction of Chalk Hills and London Road at the southern end of Baldock. Near SG7 6LZ	Monthly Saturdays	Jan 7 Feb 4 Mar 4 Apr 1	At least 2 hours, 5.5 miles and include hills

Walk Key:



Accessible by Public Transport



Refreshments available after walk



Wheelchair friendly



Type of walk - the walks cater for all abilities and are graded from 1st Steps (our easiest) to grade 4+ (most challenging). Further explanation is available on our website. You don't need special equipment - just some suitable shoes and waterproofs. We recommend you bring a bottle of water.

Website: www.hertfordshirehealthwalks.org
Email: healthwalks.cms@hertfordshire.gov.uk



Telephone: 01992 588433
Dates include bank holidays