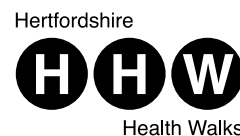


Hertfordshire Health Walks

Welwyn Hatfield



Timetable of walks January to April 2017

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and meeting point	Day/time	Date	Information
Digswell Park Welwyn Garden City Bowls Club, 288 Knightsfield, Welwyn Garden City, AL8 7NQ	Mondays 10.00am	Weekly (except Easter Monday April 17)	
Stanborough Park Finesse Activity Centre, South Lake, Stanborough Park, Welwyn Garden City, AL8 6DQ	Tuesdays 12.30pm	Weekly	buggy friendly
	2nd Saturday of the month 2.00pm	Jan 14 Feb 11 Mar 11 Apr 8	
Hatfield First Steps Hatfield Town Hub, 56 Town Centre, White Lion Square, Hatfield, AL10 0JJ	Wednesdays 2.00pm	Weekly	
Hatfield Stream Woods High View Shops, off Bishops Rise, Hatfield, AL10 8JB	1st Wednesday of the month 10.30am	January 4 February 1 March 1 April 5	
Sherrardspark Wood Cinema Entrance, Campus West, Welwyn Garden City, AL8 6BX	Thursdays 10.00am	Weekly	
Brookmans Park Meet at The Brookmans Pub, Bradmore Green, AL9 7QW	Thursdays 10.30am	Weekly	
Beehive Lane Finesse Centre, King George V Playing Fields, Beehive Lane, Welwyn Garden City, AL7 4BP	Fridays 10.00am	Weekly (except Good Friday April 14)	buggy friendly
Ellenbrook Fields/de Havilland Hertfordshire Sports Village Entrance, de Havilland Campus, Hatfield Business Park, Hatfield, AL10 9EU	Fridays 4.00pm	Weekly (except Good Friday April 14)	

Walk Key:

Accessible by Public Transport

Refreshments available after walk

Wheelchair friendly



Type of walk - the walks cater for all abilities and are graded from 1st Steps (our easiest) to grade 4 (most challenging). Further explanation is available on our website. You don't need special equipment - just some suitable shoes and waterproofs. We recommend you bring a bottle of water.



Website: www.hertfordshirehealthwalks.org
Email: healthwalks.cms@hertfordshire.gov.uk

Telephone: 01992 588433
Dates include bank holidays