

Hertfordshire Health Walks

St Albans City and District



Timetable of walks May to August 2017

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and Meeting Point	Day / Time	Date	Information
Highfield Park Charters Health Club car park, Hill End Lane, Opposite Spar, AL4 0DB	Mondays 9.30am	Every (Except bank holidays)	
Hatching Green Hatching Green, Redbourn Lane, Harpenden, AL5 2JP – on road parking only	Tuesdays 10.30am	Every	
Redbourn Meet at Cricket Club Car Park, West Common, Redbourn AL3 7DB	Tuesdays 10.30am	Every	
London Colney Meet at the Caledon Road Community Centre, AL2 1PU	First Tuesday of the month 11.30am	May 2 June 6 July 4 August 1	
Highfield Park Charters Health Club car park, Hill End Lane, Opposite Spar, AL4 0DB	Tuesdays 1.30pm	Every	
Verulamium Park Meet outside the New Westminster Lodge Leisure Centre, Holywell Hill, AL1 2DJ	Wednesdays 7pm	May 3, 17, 31 June 14, 28 July 12, 26 August 9, 23	
Batchwood Batchwood Hall car park, off Batchwood Drive, St Albans, AL3 5XA	Wednesdays 7pm	May 10, 24 June 7, 21 July 5, 19 August 2, 16, 30	
Nomansland Common & Heartwood Forest Ferrers Lane Car Park, nr Wheathampstead, Grid reference: TL172124 Nearest postcode: AL4 8EJ	Thursdays 10.30am	Every	
London Colney Meet at the Caledon Road Community Centre, AL2 1PU	Thursdays 10.30am	Every	
	Fortnightly Thursdays 10.30am	May 4, 18 June 1, 15, 29 July 6, 20 August 3, 17, 31	
Greenwood Park Meet outside Greenwood Park Community Centre, Tippendell Lane, Chiswell Green, AL2 3HW	Fridays 2.00pm	Every	
Wheathampstead Meet at the public car park behind The Bull, East Lane, AL4 8BL	Saturdays 2.00pm	May 6 June 3 July 1 August 5	
Bricket Wood Moor Mill Pub car park, off Smug Oak Lane, Bricket Wood, AL2 3TX	Sundays 10.30am	May 21 July 16	
Heartwood Forest Meet in Heartwood Forest car park, High Street, Sandridge, AL3 6JB	Sundays 10.30am	June 18 August 20	

Walk Key:

- Accessible by Public Transport
- Refreshments available after walk
- Wheelchair friendly

Type of walk - the walks cater for all abilities and are graded from 1st Steps (our easiest) to grade 4 (most challenging). Further explanation is available on our website. You don't need special equipment - just some suitable shoes and waterproofs. We recommend you bring a bottle of water.

Website: www.hertfordshire.gov.uk/healthwalks
Email: healthwalks.cms@hertfordshire.gov.uk



Telephone: 01992 588433
Dates exclude bank holidays