

Hertfordshire Health Walks

Welwyn Hatfield



Timetable of walks May to August 2017

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and Meeting Point	Day / Time	Date	Information
Digswell Park Welwyn Garden City Bowls Club, 288 Knightsfield, Welwyn Garden City, AL8 7NQ	Mondays 10.00am	Every (except August 28)	
Stanborough Park Finesse Activity Centre, South Lake, Stanborough Park, Welwyn Garden City, AL8 6DQ	Tuesdays 12.30pm	Weekly	 buggy friendly
	1st & 3rd Wednesdays of the month 6.00pm	May 3, 17 June 7, 21 July 5, 19 August 2, 16	
	Thursdays 8.00am	Weekly	 buggy friendly
	2nd Saturday of the month 2.00pm	May 13 June 10 July 8 August 12	
Hatfield First Steps Erol's Cafe, 60 Town Centre, White Lion Square, Hatfield, AL10 0JJ	Wednesdays 2.00pm	Weekly	 buggy friendly
Hatfield Stream Woods High View Shops, off Bishops Rise, Hatfield, AL10 8JB	1st Wednesday of month 10.30am	May 3 June 7 July 5 August 2	
	New Taster Walk Saturday 10.30	May 13	
	New Taster Walk Sunday 2.00pm	June 11	
Sherrardspark Wood Cinema entrance, Campus West, Welwyn Garden City, AL8 6BX	Thursdays 10.00am	Weekly	
Brookmans Park The Brookmans Pub, Bradmore Green, Brookmans Park, AL9 7QW	Thursdays 10.30am	Weekly	
Beehive Lane Finesse Centre, King George V Playing Fields, Beehive Lane, Welwyn Garden City, AL7 4BP	Fridays 10.00am	Weekly	 buggy friendly
Ellenbrook Fields/de Havilland Hertfordshire Sports Village Entrance, de Havilland Campus, Hatfield Business Park, Hatfield, AL10 9EU	Fridays 4.15pm	Weekly	

Walk Key:

- Accessible by Public Transport
- Refreshments available after walk
- Wheelchair friendly

Type of walk - the walks cater for all abilities and are graded from 1st Steps (our easiest) to grade 4 (most challenging). Further explanation is available on our website. You don't need special equipment - just some suitable shoes and waterproofs. We recommend you bring a bottle of water.

Website: www.hertfordshire.gov.uk/healthwalks
Email: healthwalks.cms@hertfordshire.gov.uk



Telephone: 01992 588433
Dates exclude bank holidays