



**Hertfordshire Local Access Forum**  
**62<sup>nd</sup> Meeting Minutes – 10th June 2019**  
(County Hall, Hertford)



**LAF Members:** Liddy Lawrence (Chair), Ian Gregory (Vice-chair), Russell Huffer, Chris Hall, Brian Worrell, Diana Collingridge, Mark Mills-Bishop, Rosemary Gilligan, Mark Mills-Bishop.

**HCC Officers:** Richard Cuthbert (Countryside and Rights of Way Service), Sian Price, Herts Health Walks Project Officer (Countryside and Rights of Way Service).

**Guests:** John Featherstone,

**Apologies:** Deborah Hougie, Gary O'Leary, Paul Christian, Jacob Wing (Passenger Transport), Mike Hartley, Chris Beney. David Kealey.

<b>1</b>	<p><b>Sian Price, Herts Health Walks Project Officer (Countryside and Rights of Way Service).</b></p> <ul style="list-style-type: none"><li>• Sian outlined the key points of the HHW scheme - accredited by the national Walking for Health scheme (led by the Ramblers) and supported by Herts Public Health Service funding.</li><li>• Targeted at inactive people and those living with health conditions which would benefit from walking.</li><li>• Both social and health aspects - tackling isolation, especially of pensioners.</li><li>• 2018-19 had 69,633 participations on 4,204 walks by 3,949 people.</li><li>• 80 Walks per week are led by 350 trained volunteer walks leaders.</li><li>• Outcomes are surveyed and 42% say they feel they've become more active. 72% say they feel healthier. 60% say they feel more sociable.</li><li>• Emphasis on free, short walks which are accessible to new starters; from 30 mins to 90 mins duration.</li><li>• Aim to be as barrier free as possible - breaking down reasons not to attend!</li><li>• Developing partnerships with healthcare professions for social prescribing - ideally suited to HHW!</li><li>• Targeting promotion to those with poor health, including mental health conditions, with a current age range of 50 to 80 years old, but fully inclusive, as well as wheelchair and buggy friendly routes.</li><li>• Walks use the RoW network, parks and open spaces. Volunteer leaders will adapt walks to use different routes every week.</li><li>• 2 full time and 1 part time members of staff in the CRoW Service.</li><li>• Linked to conservation volunteering opportunities as another avenue for socialising and healthy activity.</li><li>• <b>BW</b> Overlap with Herts Sports Partnership? - Referrals to Active Herts</li></ul>
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	<p>Advisors / Community Navigators will show individuals their options and opportunities - and lead them towards a walk or a sport - tailored to their situation.</p> <ul style="list-style-type: none"> <li>• Challenges inc. the staff resource of 2.5 staff across whole county - everyone wants a walk near them and volunteers need support - funding needed every year.</li> <li>• Partnerships with the 10 BC/DCs help target limited resources, also looking at approaching family centres.</li> <li>• Those who want to walk more can see the Walks &amp; More programme to take their walking further.</li> <li>• Walk leaders often come from health walk participants, with 1 day training course progressing through to shadowing, then being supported, then leading.</li> <li>• Routes need to comply with HCC risk assessment and walks are graded from 'First Steps' / grade 1, up to grade 4 at 90 mins, and info given so walkers know what to expect. First steps tend to be smaller groups of 5 to 15 and depending on needs, may be a slower walk on the day.</li> <li>• Those in quite poor health are asked to check walk with their GP in advance.</li> <li>• Leaders feed-back RoW maintenance issues to the CRoW Service as well.</li> <li>• Promotion via a monthly e-bulletin to 22,000 subscribers and includes the HHW, Walks &amp; More and Park &amp; Ride healthy initiatives.</li> <li>• <b>DC</b> Is the demand rising or being met? - Definitely going up e.g. attendance of 61,000 previous year and 69,000 this year. Ambassadors out in the community making the links and encouraging the inactive and less active to join-up.</li> <li>• Pace designed to increase the heart rate!</li> </ul> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>• Use e-bulletin to recruit a health rep for the HertsLAF.</li> </ul>
2	<p><b>Minutes and matters arising</b></p> <ul style="list-style-type: none"> <li>• JWa to request list of those requiring more Huddle awareness.</li> <li>• Tarmac BOAT letter prepared, RC to organise for it to be sent on.</li> <li>• Chris Beney's minute amendments accepted – RC to revise last minutes accordingly.</li> <li>• <b>RC</b> to check gate purchasing information is available on county council website</li> <li>• <b>JF</b> Would LAF ask for mtg with Portfolio holder, P Bibby / M Bright to stress need to include</li> <li>• <b>RC</b> circ body of Worcs ltr on 2026 cut-off and saving for duly-made orders for comments / additions - Landowners concerns that it will never be</li> </ul>

	<p>finished.</p> <ul style="list-style-type: none"> <li>• Future routes need to be based on need, rather than looking back at disused historic routes.</li> </ul> <p><b>RC</b> to circulate details of volunteer surveys training.</p>
	<p><b>Definitive Map Case Throughput &amp; completion</b></p> <ul style="list-style-type: none"> <li>- Each officer target of 8 cases; overall team target of 44 cases per year</li> <li>- Pressures of development across Herts bringing more cases per year</li> <li>- Project to process these TCPA cases on behalf of the 10 BC/DCs in order to gain efficiency savings from not having to process Highways Act orders later or modification orders in years to come.</li> </ul>
<b>3</b>	<p><b>Member updates</b></p> <ul style="list-style-type: none"> <li>• <b>BW</b> – Offer to experience carriage driving on the Cole Green Way - any takers? - LL, CH and others interested.</li> <li>• <b>BW</b> would like to see Cole Green Way recorded as RB status, as other LHAs restricting access to old railway lines on flimsy excuses.</li> <li>• Involved at Baldock on routes to be multi-user paths - talking to developers.</li> <li>• <b>LL</b> - issues of user conflict on a towpath with cyclists</li> <li>• <b>IG</b> - Defra part funded wild camping initiative suspended due to feedback and over-subscribed, without consulting user groups!</li> <li>• <b>RH</b> - Find Mt Street now shows all routes nationally with USRNs.</li> <li>• <b>CH</b> - PTRO Review - TRF have notified all PCs</li> </ul>
<b>4</b>	<p><b>Access &amp; RoW News &amp; Updates</b></p> <ul style="list-style-type: none"> <li>• <b>PTRO Review</b> - BF leaving HCC &amp; recruiting replacement. What about taking-on project officer for use of salary saving for short term - University / College or consultant via TC's team?</li> <li>• <b>RC</b> share methodology etc with LAF Members.</li> </ul> <p><b>RC</b> follow-up mtg with CRoW News and Updates</p> <p><b>To BF &amp; JW</b> - Thanks form all the LAF Members for all your help and service.</p>
<b>5</b>	<p><b>DoNMs</b></p> <ul style="list-style-type: none"> <li>• <b>JW</b> check dates with DH (and ensure not 2<sup>nd</sup> Weds of each month for RH &amp; LL).</li> <li>• Monday 9th September 2019</li> <li>• Monday 2nd December 2019</li> <li>• Monday 9th March 2020</li> <li>• Weds 17<sup>th</sup> June 2020 3<sup>rd</sup> Weds</li> <li>• Weds 16<sup>th</sup> September 2020 3<sup>rd</sup> Weds</li> <li>• Weds 2<sup>nd</sup> December 2020 1<sup>st</sup> Weds</li> <li>• Weds 17<sup>th</sup> March 2021 3<sup>rd</sup> Weds</li> </ul>