

Hertfordshire Health Walks Code of Conduct

Hertfordshire Health Walks is a Public Health funded project aiming to provide as many people as possible across Hertfordshire with access to a FREE weekly short walk. The walks are led by trained volunteers and are designed to encourage participants to increase their physical activity in a safe, supported and enjoyable way. The walks encourage the responsible enjoyment of Hertfordshire's green and open spaces (and beyond).

Our values are to:

- Promote health and wellbeing
- Empower, motivate and be supportive
- Have respect for others
- Be environmentally responsible

Code of Conduct:

Our Code of Conduct sets out the basic principles of how everyone involved in Hertfordshire Health Walks should work together in a spirit of mutual respect and understanding. While participating in Health Walks please:

- Be considerate, respectful and courteous to others at all times
- Be inclusive, tolerant and patient
- Listen to any information or guidance the Walk Leader gives and behave accordingly
- Refrain from using any aggressive or inappropriate language or behaviour that may cause offence to others or compromise the enjoyment of the activity for other participants
- Follow the Countryside Code (2014).
- Follow the Highway Code (pedestrians)
- No smoking or vaping

Please note the following:

- The function of the designated walk leaders, without liability, is to ensure the enjoyment and wellbeing of the group as a whole. The walk leaders have the ultimate discretion within this Code to make all key decisions affecting the walk, including modifying or terminating the walk.
- Despite risk assessments and all precautions being taken, incidents and accidents can occur. All participants, including volunteers, take part at their own risk, and are asked to recognise this by completing a New Walker registration form before their first walk.
- Should any participant's conduct falls short of this Code, the walk leader will attempt to resolve the situation informally. Where this is not possible, or the behaviour continues, the volunteer will escalate to the Countryside & Rights