



Codicote
Though mentioned in the Domesday Book of 1086 the present village probably dates from 1267. Today Codicote Village has a number of village shops and pubs all of which provide food.

Welwyn
Welwyn was of strategic importance because of its location in the Mimram Valley attracting settlers from as early as the Iron Age. Later the Romans settled and built villas and bath houses, an example of which can be seen at the Welwyn Roman Baths under the A1(M).

Ayot St Peter Church
This is an exceptional example of an Arts and Crafts church built in 1875, the site of the earlier church can be seen a little way to the north where only the churchyard remains.

Sherrardspark Wood & Welwyn Garden City
This 200 acre wood is recognised as one of the finest examples of natural sessile oak and hornbeam woodland in Britain, located on the outskirts of the town centre. The town itself was the second garden city built after Letchworth with the Howard Centre shopping plaza named after the town's founder Ebenezer Howard.

Stanborough Park
126 acres of parkland are ready for you to explore! Visit the two lakes or the River Lea. Hire a boat, go coarse fishing or learn how to sail at the watersports centre.

Mill Green
Visit the local history museum housed in a fully restored and operational watermill.

Old Hatfield
The house was built in 1607 as the seat of the Cecil family and is still home to Lord & Lady Salisbury. A stunning Jacobean house, Hatfield House sits in its own Great Park and has magnificent gardens and nature trails.

Stream Woods
Set in Howe Dell, an area of grassland and woodland, is a swallow hole where the stream disappears into a basin shaped hole. It was created naturally by acidic water dissolving the underlying chalk and causing the soil to collapse. Steps lead down to the swallow hole from the footpath on the east side, next to the railway line.

Brookmans Park
An unmistakable landmark as you cycle this section, is the collection of radio transmitter masts over to the east. Serving London & the South East, it was one of the BBC's original transmitting stations. This mast dates back to 1929, and is still in use.

Mymmshall Woods
Cross the A1(M) via the bridge here for a great woodland diversion.

Potters Bar
Potters Bar developed, from its medieval origins, along the Great North Road (the High Street) in the 18th century and expanded further after the opening of the railways in 1850. In 1916 a L31 Zeppelin crashed in the Oakmere estate within Potters Bar. Nearby Tempest Avenue is named after the RAF pilot who brought down the airship in his BE2C biplane. The town has several attractive parks and open spaces, and an active Arts Centre near the station.

South Mimms
Don't assume motor services are just for drivers! - cyclists have their own entrance directly off the route, and weather permitting you can bask in the sun on the terrace!

Rural Rides
Minutes after entering Hertfordshire you can start to imagine you're in the depths of the country, though you are still inside the M25!

Journey's End...
...or beginning... Hadley Wood Railway Station will be the place to start or finish if you are cycling the whole route one way, and taking the train the other. For rail information - see back cover.

Mosquito Museum
A mile detour west along the St Albans Road B556 brings you to a splendid museum featuring the prototype De Havilland Mosquito, as well as many other aircraft and engines by this famous local company.

Dancers Hill
steep ramp under motorway
road narrowings

Hadley Wood
Head north on the M25
Leads to garage of an airfield

Elstree / Borehamwood
Saffron Green
Galley Lane
Heathcote - Hemmets
Cottages - Borehamwood
London Borough of Barnet

Barnet
High Street
Monken Hadley
Hadley

Hadley Wood
Crescent East
Crescent West
Lancaster Avenue
Beech Hill

Monken Hadley
Camlet Way
Monken Hadley Common

Hadley Wood
Crescent East
Crescent West
Lancaster Avenue
Beech Hill

Monken Hadley
Camlet Way
Monken Hadley Common

Hadley Wood
Crescent East
Crescent West
Lancaster Avenue
Beech Hill

Monken Hadley
Camlet Way
Monken Hadley Common

Hadley Wood
Crescent East
Crescent West
Lancaster Avenue
Beech Hill

Monken Hadley
Camlet Way
Monken Hadley Common

Hadley Wood
Crescent East
Crescent West
Lancaster Avenue
Beech Hill

Monken Hadley
Camlet Way
Monken Hadley Common

Hadley Wood
Crescent East
Crescent West
Lancaster Avenue
Beech Hill

Monken Hadley
Camlet Way
Monken Hadley Common

Hadley Wood
Crescent East
Crescent West
Lancaster Avenue
Beech Hill

Monken Hadley
Camlet Way
Monken Hadley Common

Hadley Wood
Crescent East
Crescent West
Lancaster Avenue
Beech Hill

Monken Hadley
Camlet Way
Monken Hadley Common

