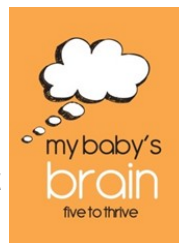


My Baby's Brain Online Training Programme—Autumn 2021



My Baby's Brain has been running in Hertfordshire since 2011. In that time, the challenges that families face have evolved, particularly this last year as a result of the current pandemic. To ensure parents continue to be supported at the earliest opportunity, Early Help Commissioning have worked with partners KCA to refresh **My Baby's Brain** training to allow for a greater depth of learning for professionals working with young families with additional focus on resilience and managing toxic stress.

Now online, training is a 3 stage learning programme combining webinars, e-learning and small group tutorials. To register

- Please choose your learning strand A or B
- Use the link to book your choice of step 2 tutorial dates
- Complete your 2 webinars either live or access the recordings and e-learning before attending your live tutorial

Strand A

My Baby's Brain Universal : for all professionals working with young families 0-5 years old

Registration link <https://connected.kca.training/register.cfm?form=MBB-universal-Autumn-2021>

Strand B

My Baby's Brain Targeted : for all professionals working with more vulnerable and targeted families

Registration link <https://connected.kca.training/register.cfm?form=MBB-targeted-autumn-2021>

Step 1 A&B Contextualisation Webinar: Toxic Stress and Community Resilience: 14th September at 10am (90 mins) Five to Thrive promoting recovery from trauma. Understanding the impact of unregulated stress on brain function and promoting recovery for traumatised people.

Step 2A. My Baby's Brain webinar: 6th Oct at 10am (90 mins)

Understand the parenting processes that underpin healthy brain development, promoting secure attachment, confident and reflective parenting.

Step 2B. Network Resilience, Secondary Trauma and Five to Thrive Webinar : 7th Oct at 10am (90 mins)

Understand the impact of living and working with traumatised people and how to prevent and manage secondary trauma.

Step 3A. My Baby's Brain Tutorials: Using Five to Thrive in Practice

3rd OR 10th November at 10am

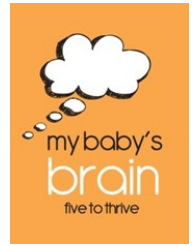
Small group discussions to share practice and reflect on the application of learning in the work place.

Step 3B. My Baby's Brain Tutorials:

4th OR 11th November at 10am

Small group discussions to share practice and reflect on application of learning, promoting recovery from trauma and building community resilience.

My Baby's Brain Online Training Programme



Questions and Answers

If I've done MBB before do I have to/can I do this training?

This is a refreshed new version of MBB so you are welcome to attend this training even if previously done the MBB five to thrive.

I work with both universal/targeted which do I pick?

Choose the strand which covers the majority of your work. Or share between your team so you have a mix of universal/targeted and can all access the learning.

Is there a cost?

No this is funded by Early Help Commissioning.

Do I have to access the webinar live or will it be recorded?

You can attend the webinars live and attend the live chat or access the recordings later.

For the tutorials, you must commit to attending on the specified date/time. Once registered for your tutorial date, you will be given links to access to the webinars.