

4.3 billion disposable menstrual products are used in the UK every year.
Stop single-use.

Give reusables a try!

The average disposable pad contains as much plastic as four carrier bags! Switch to reusables and you could save up to 94% compared to what you'd spend in your lifetime.



Find out more about reusables:

 wasteaware.org.uk/reusables

 WasteAwarePartnership

 HertsWasteAware

 HertsWasteAware

