Example completed by a student in specialist provision

Let me introduce myself	A photo of me
I am 17 years old and I am very friendly and nice. I am very helpful, like to have a laugh, enjoy playing computer games, walking, talking, skiing and visiting my Grandma and Grandad in Hatch End. I live with my Mum, Dad and Brother and also have a cat called Ivan. When I am at home I like to sing and dance along to YouTube videos and also play with my cars and trains. I love being outdoors playing in the garden, making videos of myself and driving my go kart. I am working towards achieving Maths and English Entry Level 1.	

Important people in my life

Mum: Caroline, Dad: Richard, Sister: Katherine, Pet: Ivan (cat), Best friend: Jeremy

What I am good at/my strengths

I am learning to ski and am getting really good at the snow plough. I am good at chatting with my friends, playing computer games, listening to instructions and working hard. I have been doing some gardening work experience at Shenley Park and am very good at listening and responding to instructions. I work hard when I know what is expected of me and once I have watched a demonstration I can usually do it by myself. I am very polite, friendly and smiley which means that I am a good example to others.

Things I want to get better at/hopes for the future

In the future I would like to be a taxi driver or train driver. My parents would like me to be happy, grow in confidence and be able to communicate with others well. They hope that one day I may be able to live semi independently but still have them living close by.

My specific learning difficulty

I have had a diagnosis of Worster-Drought syndrome and more recently have had a further diagnosis of Sox 5 (Autistic Spectrum).

How you can help me

How I can help myself

 Encourage me to do things myself. Offer me positive feedback and praise. Support me only when necessary. Allow me a little more time. 	 I enjoy English and maths and would like to get better at that. Chat to staff and my friends. Tell staff when I feel worried or anxious. Repeat instructions given to me in my own words. Practice using more words when I reply to someone. Practice starting a conversation. Work hard at my placement at Notcutts Garden Centre.
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What I find difficult	How you can help me
 Communication and social interaction I am good at listening, but I can find it difficult to process information. I love making friends but can be a bit shy to begin with. I find it difficult to say how I feel and to initiate conversation. I struggle to articulate myself and will often speak in short phrases or will answer with yes or no. I often find it hard to remember verbal instructions. 	 Communication and social interaction Please be friendly and speak clearly to me, using my name and making eye contact with me. Encourage me to speak up as often as possible and to speak in full sentences rather than one-word answers. Engage me through a range of visual and kinaesthetic activities. Give me extra time to process information that I have read, seen or heard and to respond to you. Give me opportunities to take a lead role. Give me space and opportunity to interact and socialise with my peers. Please give me positive feedback and encourage me as this will raise my selfesteem.
 Self-help/independence I sometimes find it difficult to concentrate or remember instructions when a lot of things are happening at the same time. I am a vulnerable young adult and am not aware of stranger danger. 	 Self-help/independence Give me opportunities and challenges. Please simplify your instructions into short steps and make sure I have fully understood them by reminding me to repeat them back in my own words. Ask me to recap this morning, last week etc. Give me clear objectives on the board or on an order of work sheet. Encourage and praise my hard work. Provide 1:1 support in the community to teach me not to talk to strangers. Continue to help me to learn to cross a road safely.

Guidance on how to complete this profile can be found at: <u>www.hertfordshire.gov.uk/aboutme</u>

 Sensory and/or physical needs I am sensitive to noise and find it difficult to concentrate, sometimes I may put my fingers in my ears. 	 Sensory and/or physical needs Please take the time to build my trust so I feel ok to tell you when I feel anxious.
 Particular dislikes/ triggers that create additional stress and anxiety I am particularly sensitive to the noise of rain and often feel anxious that it might turn to thunder and lightning, which I really don't like. I can become anxious if the weather gets bad and this can make me feel sick and need the toilet. 	 Particular dislikes/ triggers that create additional stress and anxiety Talk to me if it starts to rain and reassure me that it is unlikely to lead to thunder and lightning, let me use headphones if necessary. Give me the opportunity for some time out if I ask for it and be sensitive to my need to go to the toilet.

Specific medical condition(s)

Worster-Drought syndrome (WDS) is a type of cerebral palsy (movement disorder) that affects the muscles around my mouth and throat. This can cause problems with swallowing, feeding, talking and other actions controlled by these muscles, such as coughing, nose-blowing, kissing and crying.

Epilepsy: No	Emergency Meds: No
Known allergies Gluten intolerant	Additional notes

Eating methods/equipment I have a packed lunch. I prefer dry foods and will use my fingers to eat.	Dietary requirements I require a gluten free diet.
Support requirements I can eat in a busy room if I feel settled. I need the option of eating in a quieter place sometimes as I can find noisy places very stressful.	Recreation requirements

Personal care needs If this section is not relevant, delete.

supervision to ensure he cleans himself prop
Can use toilet independently but requires supervision to ensure he cleans himself prop

Additional supporting documents (x as appropriate)

If this section is not relevant, delete.			
Communication Passport	X	Moving and Handling Risk Assessment	
Anxiety Plan	Х	Individual Risk Assessment	Х
EHCP	Х	MOVE Programme	
Personal Care Plan	X	Other (please specify)	

Examination access arrangements (x as appropriate)

Examination access arrangements are applied for by educational organisations on behalf of students with special educational needs, disabilities or temporary injuries. They include requesting modified question papers, extra time and permission for an individual to sit an exam in a separate room. Indicate below whether such arrangements have been successfully applied for and used by the young person.

Yes	Х
No	

Form completed by: James Brent

With the help of: Richard Brent (father) and Amy Gould (current

teacher) **Date:** 29th November 2017