



Preparing for Adulthood

Useful Resources

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PFA Useful Resources for Ages 14-17

Life Skills

Travel training;

- [Travel Training \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)
- [Travel and Transport \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)

Money management;

- [Helping young people with learning disabilities to understand money.pdf \(arcuk.org.uk\)](https://www.arcuk.org.uk)

Making networks and friends;

- [Short Breaks \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)
- [Friends and Community \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)
- [Services for Young People](#)
- [Search local groups | Mencap](#)

Health

Caring for Health into adulthood;

- [Caring for your health into adulthood \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)
- [Preparing for a Healthy Adulthood \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)

CHC funding (NHS Continuing Healthcare Funding);

- [Children and young people's continuing care national framework - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

Access to annual health check by GP from Age 14 onwards;

- [NHS England » Annual health checks](#)

Employment / Further Education

Future career planning advice & support;

- [Employment and training \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)
- [Further education \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)
- [Services for Young People](#)
- SFYP's LDD team duty line 01438 844 999

Information on work experience in Year 10;

- [Services for Young People](#)

Information on future years opportunities;

- Apprenticeships & Traineeships - [Register young person \(servicesforyoungpeople.org\)](https://www.servicesforyoungpeople.org)
- Supported employment - [Services for Young People](#),
- Internships - [Services for Young People](#)
- FE colleges - [PowerPoint Presentation \(hertssendiass.org.uk\)](https://www.hertssendiass.org.uk)

- Interview & job seeking support - [About Disability Employment Advisors \(jobcentreguide.co.uk\)](#)

Housing Pathway

Information on all housing options available;

- [Housing options and adaptations \(hertfordshire.gov.uk\)](#)

Yr 11 local housing register applications;

- Broxbourne – [Am I eligible to join the Housing Register? – Borough of Broxbourne Council](#)
- East Herts - [Apply for housing | East Herts District Council](#)
- Dacorum - [Apply for housing \(dacorum.gov.uk\)](#)
- Hertsmere - <https://www.hertsmerehomes.org.uk/Choice/content.aspx?pageid=10>
- North Herts - [Apply for social housing | North Herts Council \(north-herts.gov.uk\)](#)
- St Albans - [Applying to the Housing Register \(stalbans.gov.uk\)](#)
- Stevenage - [Housing Register \(stevenage.gov.uk\)](#)
- Three Rivers - [Seeking Accommodation \(threerivers.gov.uk\)](#)
- Watford - [Applying for social housing – www.watford.gov.uk](#)
- Welhat - [Apply for council housing \(Housing Needs Register\) – Welwyn Hatfield Borough Council \(welhat.gov.uk\)](#)

Welfare benefits, housing benefits and funding streams that are available to support people to live independently;

- [079xxx-f-money-matters-young-people-aged-16-17-20-21.pdf \(hertfordshire.gov.uk\)](#)
- Disabled Facilities Grants;
[Disabled Facilities Grants: Overview - GOV.UK \(www.gov.uk\)](#)

Developing Friends, Relationships and Community (Social Network)

Community resources to develop social networks;

- [Support groups and networks \(hertfordshire.gov.uk\)](#)
- [Friends and Community \(hertfordshire.gov.uk\)](#)
- [Services for Young People](#)

Having your Say and being in Control

Yr 11 capacity and best interest assessments;

- [Brief guide Capacity and consent in under 18s v3.pdf \(cqc.org.uk\)](#)
- [Hertfordshire policy on mental capacity \(section 16\)](#)
- [hertshelp-independent-mental-capacity-advocacy-imca-referral-form-june-2016.docx \(live.com\)](#)
- [mca-forms-final.docx \(live.com\)](#)

Yr11 Parent/Carer information on becoming an Appointee/Deputy ;

- [Legal decisions \(hertfordshire.gov.uk\)](#)
- [Become an appointee for someone claiming benefits - GOV.UK \(www.gov.uk\)](#)

Parent/Carer requests for a Carers Assessment;

- [Get a carer's assessment \(hertfordshire.gov.uk\)](http://hertfordshire.gov.uk)

Finance & Benefits

Young person and Parents/Carers relevant benefits:

- Personal Independence Payment (PIP);
[Personal Independence Payment \(PIP\): What PIP is for - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- Job Seekers Allowance;
[Jobseeker's Allowance \(JSA\): How it works - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- Employment & Support Allowance (ESA);
[Employment and Support Allowance \(ESA\): Overview - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- Universal Credit;
[Universal Credit: What Universal Credit is - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- Disability Living Allowance (PIP or Adult Disability Payment.);
[Disability Living Allowance \(DLA\) for children: Overview - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
PIP or Adult Disability Payment.
- Child Benefit;
[Claim Child Benefit: How it works - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- Child Tax Credit;
[Child Tax Credit: Overview - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- Carers Allowance;
[Carer's Allowance: How it works - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

Advice re impact on the benefits that Parents/Carers claim;

- [Benefits at 16 | Contact](#)
- [draft1 \(workingfamilies.org.uk\)](http://workingfamilies.org.uk) (section 3 "Better Off Calculation")

Charity & Trust Grants/Support;

- [Grants for Children and Young People A -C \(disability-grants.org\)](http://disability-grants.org)
- Family Fund Grant; [Apply for a grant | Family Fund](#)

HCC's Money Advice Unit regarding claiming the correct benefits and/or tax credits;

- [Benefits and money advice | Hertfordshire County Council](#)

Information on the Social Care charging policy for adults;

- [charging-for-community-based-care-policy.pdf \(hertfordshire.gov.uk\)](http://hertfordshire.gov.uk)
<https://www.hertfordshire.gov.uk/services/adult-social-services/care-and-carers/arranging-and-paying-for-care/paying-for-your-care-costs.aspx>

Becoming an Appointee (Applies from Age 16)

Apply to become an appointee or applying for Enduring or Lasting Power of Attorney;

- [Become an appointee for someone claiming benefits - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

- <https://www.citizensadvice.org.uk/relationships/looking-after-people/managing-affairs-for-someone-else/>

Legal Information and Assessments (Applies from Age 16)

Capacity and best interest assessments;

- [hertshelp-independent-mental-capacity-advocacy-imca-referral-form-june-2016.docx \(live.com\)](#)
- [mca-forms-final.docx \(live.com\)](#)

Mental Capacity Act;

- [Hertfordshire policy on mental capacity](#)
- [Legal decisions \(hertfordshire.gov.uk\)](#)
- [Become an appointee for someone claiming benefits - GOV.UK \(www.gov.uk\)](#)

Parent/Carer requests for a Carers Assessment;

- [Get a carer's assessment \(hertfordshire.gov.uk\)](#)
- [Carers - how to get help and assistance | Hertfordshire County Council](#)

Advocacy

Advice on advocacy & how to find an advocate;

- [Get your voice heard – find an advocate | Hertfordshire County Council](#)
- [Advocacy \(hertshelp.net\)](#)

General Advice & Guidance

- [Local offer \(SEND\) HCC](#)
- [Herts Parent Carer Involvement \(hertsparentcarers.org.uk\)](#)
- [HertsHelp - We're here for you](#)
- [www.sense.org.uk](#)
- [www.disability-grants.org](#)
- [www.disabledparentsnetwork.org.uk](#)

PFA Useful Resources for Ages 18-19

Life Skills

Travel training;

- [Travel Training \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)
- [Travel and Transport \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)

Money management;

- [Helping-young-people-with-learning-disabilities-to-understand-money.pdf \(arcuk.org.uk\)](https://www.arcuk.org.uk)

Making networks and friends;

- [Short Breaks \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)
- [Friends and Community \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)
- [Services for Young People](#)
- [Search local groups | Mencap](#)

Health

Adults Continuing Care advice & referrals;

- [Children and Young People Continuing Care :: Herts Valleys CCG](#)

Transitioning from CAMHS to Adult MH services;

- [Transitions - Moving on from CAMHS \(hpftcamhs.nhs.uk\)](https://www.hpftcamhs.nhs.uk)
- [What to expect when moving to adult mental health services - Mind](#)

Purple folders;

- [my-purple-folder-easyread-leaflet.pdf \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)

Access to annual health check by GP;

- [NHS England » Annual health checks](#)

Employment / Further Education

Future career planning advice & support;

- [Employment and training \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)
- [Further education \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk)
- [Services for Young People](#)

- SFYP's LDD team duty line 01438 844 999

Information on future years opportunities;

- Apprenticeships & Traineeships - [Register young person \(servicesforyoungpeople.org\)](http://servicesforyoungpeople.org)
- Supported employment - [Services for Young People](#),
- Internships - [Services for Young People](#)
- FE colleges - [PowerPoint Presentation \(hertssendiass.org.uk\)](http://hertssendiass.org.uk)
- Interview & job seeking support - [About Disability Employment Advisors \(jobcentreguide.co.uk\)](http://jobcentreguide.co.uk)

Housing Pathway

Information on all housing options available;

- [Housing options and adaptations \(hertfordshire.gov.uk\)](http://hertfordshire.gov.uk)

Yr 11 local housing register applications;

- Broxbourne – [Am I eligible to join the Housing Register? – Borough of Broxbourne Council](#)
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- Hertsmere - <https://www.hertsmerehomes.org.uk/Choice/content.aspx?pageid=10>
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Welfare benefits, housing benefits and funding streams that are available to support people to live independently;

- Disabled Facilities Grants;
[Disabled Facilities Grants: Overview - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

Developing Friends, Relationships and Community (Social Network)

Community resources to develop social networks;

- [Support groups and networks \(hertfordshire.gov.uk\)](http://hertfordshire.gov.uk)
- [Friends and Community \(hertfordshire.gov.uk\)](http://hertfordshire.gov.uk)
- [Services for Young People](#)

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Young person and Parents/Carers relevant benefits:

- Personal Independence Payment (PIP);
[Personal Independence Payment \(PIP\): What PIP is for - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- Job Seekers Allowance;
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- Employment & Support Allowance (ESA);
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Advice re impact on the benefits that Parents/Carers claim;

- [draft1 \(workingfamilies.org.uk\)](http://workingfamilies.org.uk) (section 3 "Better Off Calculation")

Charity & Trust Grants/Support;

- [Grants for Children and Young People A -C \(disability-grants.org\)](http://disability-grants.org)
- Family Fund Grant; [Apply for a grant | Family Fund](#)

HCC's Money Advice Unit regarding claiming the correct benefits and/or tax credits;

- [Benefits and money advice | Hertfordshire County Council](#)

Information on the Social Care charging policy for adults;

- [charging-for-community-based-care-policy.pdf \(hertfordshire.gov.uk\)](http://hertfordshire.gov.uk)
<https://www.hertfordshire.gov.uk/services/adult-social-services/care-and-carers/arranging-and-paying-for-care/paying-for-your-care-costs.aspx>

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<https://www.hertfordshire.gov.uk/services/adult-social-services/care-and-carers/arranging-and-paying-for-care/paying-for-your-care-costs.aspx>

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Carers contingency plan;

- [Carers - how to get help and assistance | Hertfordshire County Council](http://www.hertfordshire.gov.uk/money-advice)

Mental Capacity Act;

- [Hertfordshire policy on mental capacity](http://www.hertfordshire.gov.uk/money-advice)
- [Legal decisions \(hertfordshire.gov.uk\)](http://www.hertfordshire.gov.uk/money-advice)
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- [HertsHelp - We're here for you](#)
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